El día de los muertos/ The Day of the Dead November 1 - 2

by Luis de la Garza

As we age, the more death surrounds us. It is simply the circle of life. For too many, death remains unthinkable and unspeakable.

El día de los muertos/The Day of the Dead is an opportunity to remember and honor those that have passed away. Usually, altars at home or at cemeteries are set up with photographs, marigolds, candles, incense, foodstuffs, sugar skulls, papel picado, and personal items of the deceased. It is a somber yet joyful affair where one deliberately takes time to remember the dearly deceased with this memento mori in the form of a makeshift altar.



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Luis' Altar from 2022

Celebrate Día de los Muertos with Club 75 and Openhouse!

Thursday, October 26, 1 - 3:30PM In-Person at 75 Laguna

Día de los Muertos, or Day of the Dead, is a celebration of life for the departed souls of our ancestors. It is celebrated across Latin America and is most recognizable as the holiday with the colorful calaveras (skulls) and calacas (skeletons). We welcome community members to participate in various creative activities that include sugar skull making, letter writing, and scanning photos to add to our Día de los Muertos altar. Staff and volunteers will be on hand to assist folks with creating ofrendas (offerings) to be placed on the altar.

RSVP at rsvp@openhousesf.org or 415-231-5871

This event is brought to you by Club 75 and Openhouse's Unidos and the Leadership Council on Queerness, Race, and Privilege

Is it really October?

As I get older, time seems to go faster. When I was a kid, the 1970s seemed to last forever! My perception of time accelerating is likely a result of my busy life - there never seems to be enough time. Of course, connecting age to deficiency, fragility, or lack is common in a society that prizes youth. October 7th is Ageism Awareness Day, a time for all of us to reflect on how internalized ageism, as well as externalized ageism, can impact our lives. Assuming that someone can or cannot do something based solely on age is an -ism whose time has come.

This month is also LGBTQ History Month, and October 11th is National Coming Out Day. When I was in college, we were so closeted that this was the day we all wore jeans to class—we wore jeans all the time but somehow that was what would set us apart. So much has changed for the better and we still have a long way to go. Together we make our community, region, and country a better place for all to be out, proud and included.

Kathleen M. Sullivan, Openhouse Executive Director

Lesbian, Bisexual, Queer Women's Lunch and Talk with Writer Sara Jaffe

Saturday, October 14, 12 - 1:30PM Hybrid: 75 Laguna and via Zoom

We are thrilled to welcome to Openhouse writer, educator, and musician Sara Jaffe. Sara will give a brief reading of her work, followed by Q&A and a discussion about writing Lesbian fiction.



Sara Jaffe is the author of queer coming-of-age novel Dryland. Her short fiction, essays, and criticism about literature and music has been published in various journals and sites. She is currently working on Hurricane Envy, a collection of short stories, and I'm My Own Grandpa, a novel. She teaches creative writing at Reed College.

RSVP at rsvp@openhousesf.org or (415) 231-5871

Spanish for Beginners - Coming February 2024!

Have you ever wanted to learn how to speak Spanish, but never had the time or the opportunity? Well, here's your chance! Openhouse is planning to offer a course in basic conversational Spanish beginning in February 2024.

Please note that this course will be for beginners only.

Interested in taking this class?

Contact Armando: armando@openhousesf.org or (415) 728-0194

Hispanic & Latina/e/o/x Heritage Month Film Festival

Tuesdays, October 3 and 10, 2 - 4:30PM, In-Person at 75 Laguna

In celebration of Latinx Cultural Heritage Month, we will finish our mini Film Festival dedicated to showcasing a diverse collection of films, offering a small lens of human experience from the Latino perspective.

October 3: La Mission

In this emotionally charged drama, a single parent ex-con (Benjamin Bratt) in a tough neighborhood finds his personal values challenged when he discovers his son is gay.

October 10: Retablo

Retablo introduces the story of Segundo, a 14-year-old teenager who admires and longs to follow in the footsteps of his father, a master craftsman who has dedicated himself to the art of the 'retablo'. One day, however, the boy comes across his father in a compromising situation that results in him losing the respect he once had for him.

Health Talks are Back!

Dr. Eubanks Talks the Impact of Ageism on Aging

Wednesday, October 11, 1 - 2:30PM, via Zoom

We are so excited to welcome Dr. Kathryn Eubank as she presents on a variety of health-related topics. Her first talk will be on the Impact of Ageism on Aging. We will discuss ageism from a societal and personal perspective, how it affects our health as we grow older, and ways that we can improve the effects of ageism on our lives.

Dr. Eubank is a geriatrician, UCSF Professor of Medicine, and award-winning educator working with learners across multiple facets of medical education. Clinically, she works as a geriatric hospitalist focusing her care on improving outcomes for hospitalized older adults.

RSVP at rsvp@openhousesf.org or (415) 231-5871

Save the Date for Fall Feast 2023!

Thursday, November 16, In-Person at 75 Laguna

We are so excited to celebrate this annual event with you! Join us for an abundant, autumnal feast and some good company.

An RSVP by November 10 is required to attend.

When you RSVP, please let us know which seating you prefer and we will try our best to accommodate your preference. Please provide the full names of any guests you are RSVPing for. We cannot reserve space for unnamed guests.

Seating 1: 11:30AM - 1PM

Seating 2: 2 - 3:30PM Seating 3: 4:30 - 6PM

RSVP at specialevents@openhousesf.org or (628) 209-8090

LGBTQ+ History is Filipino American History

by Theresa Arocena

In the '70s, Filipino Americans, being marginalized as an ethnic minority, were focused on survival. For those who were also LGBTQ+, they especially felt like they couldn't afford to "rock the boat." Many of their stories aren't archived, but the ones that are archived, speak to their will to not only live, but to love.



One such story is that of Filipino American Richard Frank Adams and his husband, Anthony "Tony" Corbett Sullivan. The two were legally married April 21, 1975 by a minister of the Metropolitan Community Church and progressive county clerk in Colorado. Unfortunately, their completely lawful marriage was not recognized as grounds to allow Sullivan permanent residency in the U.S. from Australia. To add insult to injury, the official letter from the Department of Justice that arrived in the mail in November 1975 contained only a single sentence as an explanation: "You have failed to establish that a bona fide marital relationship can exist between two f******."

Adams and Sullivan refused to give up and despite being told by a leader in the gay rights movement that, "This revolution is not about relationships," the two continued to fight for their marriage to be recognized. Thus, they filed the first lawsuit in America to seek recognition of a same-sex marriage by the federal government. The two would not win their suit and Adams and Sullivan left the U.S. for about 11 months before returning to the U.S. Sullivan would spend the next 30 years undocumented.

In 2012, Adams and Sullivan decided that in light of so many states beginning to legalize gay marriage, they would fly to Washington and do an affirmation ceremony. Instead of "death do us part," they planned to say, "as long as there is love."

Sadly, Adams died due to his cancer the day after they made these plans - just 3 years away from the 2015 SCOTUS ruling that legalized same-sex marriage in all 50 states.

On April 21, 2014, on their 39th wedding anniversary, Sullivan filed a motion with the Los Angeles Field Office of U.S. Citizenship and Immigration Services (USCIS) to reopen and reconsider Adams' petition for a marriage-based green card. "I should be allowed to continue my life here, even though it's in a state of widowerhood."

Sullivan ended up receiving a letter from USCIS apologizing for the homphobic letter they recieved in 1975.

In 2016, after 40 long years, Tony Sullivan received his green card.

"They never managed to separate us."



Arts & Culture

The CMC Openhouse Choir is Back with a New Director!

Tuesdays, 11AM - 12:30PM, In-Person at 75 Laguna

Community Music Center's Older Adult Choir Program and Openhouse create a space for LGBTQ+ Older Adults to connect through the joyful power of music! We are so excited to welcome Steve Snelling, San Francisco-based jazz pianist



and singer-songwriter, as our new Choir Director! We explore a wide range of choral repertoire per the interests and abilities of the participants and the vision of the director.

New members welcome and no prior singing experience is needed!

RSVP at rsvp@openhousesf.org or (415) 231-5871

Flamenco performance by Toque Tercero Flamenco

Tuesday, October 10, 1 - 2PM, In-Person at 75 Laguna

Join Club 75 for a Flamenco performance in the courtyard of 75 Laguna to celebrate Latinx Heritage Month. Dancing, music, singing and snacks will be provided.

RSVP at rsvp@openhousesf.org or (415) 231-5871

Drag Bingo with Club 75

Wednesday, October 25, 1:30 - 3PM In-Person at 75 Laguna

Club 75 invites you to a Drag Bingo Extravaganza! All Bingo supplies will be provided and we'll have a wonderful selection of prizes for our winners. Come be in community and enjoy the show.

RSVP at rsvp@openhousesf.org or (415) 231-5871

Concert in the Courtyard

Tuesday, October 31, 1 - 2PM In-Person at 75 Laguna

Join Club 75 for our music in the courtyard of 75 Laguna sponsored by Music Alive! Clean Heat will be playing classic country music.

RSVP at rsvp@openhousesf.org or (415) 231-5871

Pétanque for Lesbian, Bisexual, and Queer Women

Saturday October 28, 12 - 1:30PM, In-Person, RSVP for location details

Calling all Lesbian, Bisexual, and Queer Women who want to try something new. Join us in Golden Gate Park for some Pétanque! Pétanque is an extremely fun sport that is easy to learn yet difficult to master, and no, it is not bocce. It is played with metal balls that are rolled or thrown at an object boule. The game originated in France and is now played throughout the world. It's fun, easy, and great to learn. Join us for a demonstration and an opportunity to play!

RSVP at rsvp@openhousesf.org or (415) 231-5871

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT		
All pro	grams are via Zoom ui	nless marked as Hybrid or with	a location. All programs without a phon	e number listed, RSVP to rsvp@o	penhousesf.org or (415)	231-5871		
		Housing & ADRC Drop-	in Hours, Wednesdays, 1 - 4PM and Thu	rsdays, 10AM - 1PM, 75 Laguna				
	Curry LGBTQ+ Tech Support with Roberto, Drop-In Appointments: Mondays and Wednesdays, 9AM - 12PM, 75 Laguna							
	2 Men's Drop-In Support Group 2 - 3:30PM, Hybrid Continuing Japanese, 3-4:30PM Closed Group	3 Self Compassion, 11AM - 12:30PM CMC OH Choir, 11AM - 12:30PM 75 Laguna Latinx Film Festival, 2 - 4:30PM, 75 Laguna	Clearing House: Cluttering Support, 12:30 - 2PM Intermediate Spanish, 3 - 4:30PM, Closed Group Trans Resilience, 5:30 - 7PM, Hybrid RSVP: (415) 961-8378	5 Meditation, 11AM - 12PM Long Term Survivors HIV/AIDS Support Group, 12 - 1:30PM, Closed Group Women's Social, 1:30 - 3PM, 75 Laguna RSVP encouraged Heart of the Matter, 4 - 5:30PM, Closed Group	6 Games Group, 11AM - 1PM, 75 Laguna Queer Elders Writing Workshop 1 - 3PM Yiddish, 3 - 4:30PM, Closed Group	7 Ageism Awareness Do Art with Elders 2:30 - 4:30P Closed Grou		
8	9 OPENHOUSE OFFICES CLOSED FOR INDIGENOUS PEOPLE'S DAY	10 Self Compassion, 11AM - 12:30PM CMC OH Choir, 11AM - 12:30PM 75 Laguna Flamenco, 1 - 2PM, 75 Laguna Latinx Film Festival, 2 - 4:30PM, 75 Laguna Gray Gay Writers, 4 - 6PM, RSVP: (510) 333-4464 Trans, 50+ & Fab, 5 - 6PM, RSVP: (415) 292-3420	11 National Coming Out Day Health Talks, 1 - 2:30PM Intermediate Spanish, 3 - 4:30PM, Closed Group Trans Resilience, 5:30 - 7PM, Hybrid RSVP: (415) 961-8378 LGBTQ Caregivers of those w/ Dementia Support Group, 6 - 7:30PM, RSVP: amellinger@openhousesf.org	12 Meditation, 11AM - 12PM LTS HIV/AIDS Support Group, 12 - 1:30PM, Closed Group Men's Social, 2 - 3:30PM, 75 Laguna, RSVP encouraged Housing Workshop, 2PM-3:30PM RSVP: (415) 347-8509 Heart of the Matter, 4 - 5:30PM, Closed Group	13 Games Group, 11AM - 1PM, 75 Laguna Living with Loss: Drop-in Grief Support, 1 - 2:30 PM QEWW, 1 - 3PM Yiddish, 3 - 4:30PM, Closed Group	Sister Circle with Sara Jaffe 12PM - 1:30Pl RSVP for info Art with Elders 2:30 - 4:30P Closed Grou		
15	16 Men's Drop-In Support Group 2 - 3:30PM, Hybrid Continuing Japanese, 3-4:30PM Closed Group	17 CMC OH Choir, 11AM - 12:30PM 75 Laguna LGBTQ Seniors with Chronic Physical Disabilities Support Group ,1 - 2:30PM	18 Taller de vivienda, 11AM-12:30PM RSVP: (628) 208-0020 Clearing House: Cluttering Support, 12:30 - 2PM Intermediate Spanish, 3 - 4:30PM, Closed Group LGBTQ Caregivers Support Group, 4 - 5:30PM, RSVP: asanchez@caregiver.org Trans Resilience, 5:30 - 7PM, Hybrid RSVP: (415) 961-8378	19 Meditation, 11AM - 12PM Unidos/United Meeting, 11:30AM-1PM, 75 Laguna LTS HIV/AIDS Support Group, 12 - 1:30PM, Closed Group Women's Social, 1:30 - 3PM, 75 Laguna RSVP encouraged Heart of the Matter, 4 - 5:30PM, Closed Group	20 Games Group, 11AM - 1PM, 75 Laguna QEWW, 1 - 3PM Muttville Visit, 2 - 3PM, 255 Alabama St, RSVP required Yiddish, 3 - 4:30PM, Closed Group	21 Howard Grayson LGB Elder Life Conference 11AM - 4PM, 75 Laguna Art with Elders 2:30 - 4:30P Closed Grou		
22	23 Rainbow Lunch, 12 - 1:30PM 75 Laguna, RSVP required by Oct 20 Men's Drop-In Support Group 2 - 3:30PM, Hybrid Continuing Japanese, 3-4:30PM, Closed Group	24 Self Compassion, 11AM - 12:30PM CMC OH Choir, 11AM - 12:30PM 75 Laguna Housing Workshop, 2PM-3:30PM RSVP: (415) 347-8509 Gray Gay Writers, 4 - 6PM RSVP: (510) 333-4464 Trans, 50+ & Fab, 5 - 6PM SVP: (415) 292-3420	Drag Bingo, 1:30 - 3PM, 75 Laguna Intermediate Spanish, 3 - 4:30PM, Closed Group Trans Resilience, 5:30 - 7PM, Hybrid, RSVP: (415) 961-8378 LGBTQ Caregivers of those w/ Dementia Support Group, 6 - 7:30PM, RSVP: amellinger@openhousesf.org	26 Intersex Awareness Day Meditation, 11AM - 12PM LTS HIV/AIDS Support Group, 12 - 1:30PM, Closed Group Celebrate Dia de los Muertos, 1 - 3:30PM, 75 Laguna Men's Social, 2 - 3:30PM, 75 Laguna, RSVP encouraged Heart of the Matter, 4 - 5:30PM, Closed Group	Games Group, 11AM - 1PM 75 Laguna Living with Loss: Drop-in Grief Support, 1 - 2:30 PM QEWW, 1 - 3PM Yiddish, 3 - 4:30PM, Closed Group	28 Sister Circle Pétanque, 11AM - 12PM RSVP for info Art with Elders 2:30 - 4:30P Closed Grou		
29 TGI Monthly Meal 12 -2PM 75 Laguna	30 Men's Drop-In Support Group 2 - 3:30PM, Hybrid Continuing Japanese, 3-4:30PM Closed Group	31 CMC OH Choir, 11AM - 12:30PM 75 Laguna Concert in the Courtyard, 1 - 2PM 75 Laguna	November 1 Clearing House: Cluttering Support, 12:30 - 2PM Intermediate Spanish, 3 - 4:30PM, Closed Group Trans Resilience, 5:30 - 7PM, Hybrid RSVP: (415) 961-8378	November 2 Meditation, 11AM - 12PM Long Term Survivors HIV/AIDS Support Group, 12 - 1:30PM, Closed Group Women's Social, 1:30 - 3PM, 75 Laguna RSVP encouraged	November 3 Games Group, 11AM - 1PM 75 Laguna Queer Elders Writing Workshop 1 - 3PM Yiddish, 3 - 4:30PM, Closed Group	November 4 Art with Elders 2:30 - 4:30P Closed Grou		

Health & Wellness

Freedom, Dignity, Understanding: 10th Annual Howard Grayson LGBTQ Elder Life Conference

Co-sponsored by SF AIDS Foundation and Openhouse Saturday, October 21, 11AM - 4PM, Hybrid: 75 Laguna and Streaming Online

The conference will focus on past LGBTQ+ issues, current situations, and the future for LGBTQ+ elders. It will provide updates on important topics, including the status of Laguna Honda, San Francisco's HIV/AIDS budget for 2024-25, and the state of public health in the city. Legal information targeting elders and their rights will also be offered.



The event will include a musical performance by Thai Molam, entertainer Tookta Jamaporn, and comedian Karen Ripley. There will be lunch, a raffle, and a tribute to community elders who have passed away. Additionally, community members who have contributed to the conference and Howard Grayson's life will be honored.

The Grayson Conference pays tribute to Howard Grayson, a black, LGBT, and labor activist, who passed away in 2011.

The event is open to all and is wheelchair accessible, with ASL provided. A streaming link will be made available soon.

For more information, contact Sue Englander, Conference Convener at graysonconference@gmail.com or (415) 902-9358.

Taller de alquilar viviendas con precio asequible

Miercoles, 18 de octubre 11:00AM-12:30PM por zoom

Acompáñennos el tercer miércoles del mes a las 11am por zoom para aprender más sobre vivienda asequible. Nuestros talleres de vivienda están dirigidos a personas mayores LGBTQ y adultos con discapacidades para cubrir los conceptos básicos de cómo buscar y solicitar vivienda asequible, así como apoyo adicional de alquiler, subsidios y otros recursos locales.

Contacte a Dana Arango para registrarse darango@openhousesf.org o (628) 208-0020

Virtual Drop-In Meditation

In Partnership with Shanti Project
Thursdays, 11AM - 12PM, via Zoom

Mindfulness meditation is an easily learned practice that can help us cope and be more physically and mentally

resilient. We invite you to give your mind a break and create more space as we



meditate together.

RSVP at rsvp@openhousesf.org or (415) 231-5871

Support Groups

Trans Resilience Support Group *NEW DAY*

Wednesdays, 5:30 - 7PM, Hybrid: 75 Laguna and via Zoom

Join other transgender and gender non-conforming seniors every Wednesday as we come together to support each other through our individual walks in the trans experience. Come enjoy a lovely meal in-person or join us via Zoom.



Co-presented by St. James Infirmary. Hosted by Ms. Billie Cooper.

To register, contact J: jjha@openhousesf.org or (415) 961-8378

Clearing House: Drop-In Clutter Support Group

Wednesday, October 4 and 18, 12:30 - 2PM, via Zoom

Openhouse and the Mental Health Association of San Francisco welcome you to a support group for all LGBTQ community members age 55+ who "struggle with stuff.

Registration required: rsvp@openhousesf.org or (415) 231-5871

LGBTQ Caregivers of Those with Dementia Support Group

In Partnership with the Alzheimer's Association Wednesday, October 11 and 25, 6 - 7:30PM, via Zoom

We welcome diverse LGBTQ caregivers of those with Dementia to this twice monthly drop-in support group. Caring for someone with dementia, whether mild or severe, is important and challenging work and inspires many questions about how to deal with what is.

RSVP at amellinger@openhousesf.org or (415) 503-4180

alzheimer's \mathfrak{P}

LGBTQ Caregiver Support Group

In Partnership with Family Caregiver Alliance Wednesday, October 18, 4 - 5:30PM, via Zoom



This group is for LGBTQ caregivers of those with a variety of illnesses, disorders, and challenges. If you are caring for someone with Dementia-specific challenges, check out the LGBTQ Caregivers of those with Dementia Support Group.

For info on how to join this group, contact Adriana Sanchez: asanchez@caregiver.org

Support Groups

Living with Loss: Drop-In Grief Support Group

Fridays, October 13 and 27, 1 - 2:30PM, via Zoom

Join Openhouse and VITAS Health care as we discuss the variety of losses that we experience, such as loss that relates to isolation and loneliness or losing those we love. This group is co-facilitated by Rabbi Jane Litman and Chaplain Barb Greve.



RSVP at rsvp@openhousesf.org or (415) 231-5871

LGBTQ Seniors with Chronic Physical Disabilities Support Group

Tuesday, October 17, 1 - 2:30PM, via Zoom

Join us for a monthly group where we discuss how it feels to be disabled, managing those feelings in a healthy and self-compassionate way, and other topics. This group is co-facilitated by Max Lane and Sumi Colligan.

RSVP at rsvp@openhousesf.org or (415) 231-5871

Social

Join us for Rainbow Lunch! *NOTE: No Rainbow Lunch on Oct 9*

Monday, October 23, 12 - 1:30PM, In-Person at 75 Laguna

Space is limited. RSVP required by Friday before Rainbow Lunch.

Join us as we connect, hang out, and share a meal. In order to ensure that there is enough space and food for everyone at Rainbow Lunch, we require an RSVP to attend.

RSVP at rsvp@openhousesf.org or (415) 231-5871

TGI Monthly Meal

Sunday, October 29, 12 - 2PM, In-Person at Trans Thrive - 1460 Pine St

We welcome Transgender, Gender Non-Conforming, and Intersex community of ALL AGES to our monthly TGNCI gatherings. Catering to be provided by local TGNCI/QTBIPOC folks/businesses.

For additional information, questions, or to RSVP, reach out to: J Jha (415) 961-8378 or Kiko B. (415) 509-6684

Social

Drop-In Social Hours at Openhouse

Thursdays, In-Person at 75 Laguna, RSVP encouraged

Women's Social Hour Oct 5 and 19, 1:30 - 3PM

we welcome women of all experiences for a social hour happening twice a month.

Men's Social Hour Oct 12 and 26, 2 - 3:30PM

we welcome men of all experiences for a social hour happening twice a month





RSVP at rsvp@openhousesf.org or (415) 231-5871

Unidos/United Meeting

Thursday, October 19, 11:30AM - 1:30PM, In-Person at 75 Laguna

Llamando a todos los latinos a unirse, hablar sobre nuestras historias culturales, y compartir nuestras historias de salida del armario. Únete a nosotros para un dia de conversación, conexión, y almuerzo mientras celebramos a nuestra comunidad! Este evento levantará y centrará a los miembros de nuestra comunidad latina.

Calling all Latinos to unite, talk about our cultural histories, and share our coming out stories. Join us for an afternoon of conversation, connection, and lunch as we celebrate our community! This event will be lifting and centering our Latino community members.

To RSVP, contact rsvp@openhousesf.org or (415) 231-5871

Lifelong Learning

Curry LGBTQ+ Tech Support with Roberto

Drop-In appointments at Openhouse: Mondays and Wednesdays, 9AM - 12PM, In-Person at 75 Laguna

Special services available include:

Tablet Training Program
Home Wi-Fi Set-up
General Technical Support
Troubleshooting Questions

Assistance provided for:

Mobile Phones/Tablets Laptops/Computers Wi-Fi Printers



Drop-in and appointments are available, as well as home visits (if reserved in advance).

Make an appointment or learn more, contact Roberto: ralvarez@curryseniorcenter.org or (415) 694-2265



Bob Ross LGBT Senior Center 65 Laguna St. San Francisco, CA 94102 (415) 296-8995 www.openhousesf.org

OCTOBER 2023

Games Group is now weekly!

Fridays, 11AM - 1PM In-Person at 75 Laguna

Join us as we play a variety of games together - from Scrabble to Dominoes. Light snacks and coffee will be provided.



Questions? Contact rsvp@openhousesf.org or (415) 231-5871



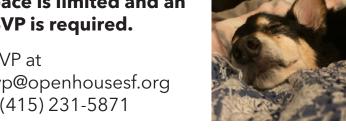
Join Openhouse at Muttville

Friday, October 20, 2 - 3PM In-Person at 255 Alabama St

Join us for a monthly in-person visit to Muttville, where we hang out in the cozy Muttville headquarters with fur friends and humans alike!

Space is limited and an **RSVP** is required.

RSVP at rsvp@openhousesf.org or (415) 231-5871



These programs servicing the community are funded by the City and County of San Francisco's Department of Disability and Aging Services.