

8th Annual Howard Grayson LGBT Elder Life Conference: *Generations of Resistance* Saturday, September 14, 11AM – 3PM

New Site: Openhouse, 55 Laguna St. (near Market)
Just off MUNI F line
No need to RSVP and *Free Admission!*
Building is ADA accessible



- David Campos Presents the Community Hero/Shero Awards to Harry Britt and Felicia Elizondo
- See a screening of the documentary, "A Great Ride" about older lesbians living the good life, with a panel of wise, queer women to follow
- Youth Panel talks across the Generations
- Enjoy entertainment from Comic Karen Ripley and Troubadour Blackberri
- Raffles! Snacks from Rainbow Grocery!

Our Sponsors (partial list): Openhouse, Harvey Milk LGBT Democratic Club, Home Match, Thea Selby, Harvey's Bar, Castro Coffee, Good Vibrations, Tenderloin Queens, Rainbow Grocery, Paul Melbostad

Openhouse and Partners are hiring!

Learn more about these employment opportunities at our first-ever *Job Fair!*

Wednesday, Sept. 11 from 11AM-12PM

65 Laguna St., Bob Ross LGBT Senior Center

Openhouse and our partners, Mercy Housing California and On Lok, are co-presenting an informational session to find talented folks to join our team who are passionate about aging issues and **have experience working with seniors and adults with disabilities**. We invite potential candidates to learn more about our organizational missions, our vision for joint programs, and to ask questions about these full-time employment opportunities:

Openhouse: Resource and Referral Navigator, Friendly Visitor Program Supervisor, Community Engagement Coordinator, and Mission Engagement Specialist

Mercy Housing CA: Resident Services Coordinator

On Lok/Openhouse Joint Program: Available positions once 75 Laguna services space opens

To view full job descriptions, please visit Openhouse website:

www.openhouse-sf.org/about/employment-2/

Feel free to bring your resume!

Community Wellness and Services

Housing Workshops at Openhouse

Need help understanding how to apply for affordable senior housing in San Francisco? Openhouse is here to help! Join us for an hour-long presentation at Openhouse where we cover the basics you need to know as you look for housing. We will decode the process of applying and suggest next steps.

Workshops are held at Openhouse, Bob Ross LGBT Senior Center, 65 Laguna St. on:

Friday, September 13, **11AM** | Tuesday, September 24, **2PM**

To register, contact Jessi Lawrence at (415) 231-5870 or jlawrence@openhouse-sf.org

4th Friday Health & Wellness: "Hearing Loss Education"

Friday, September 27 3 – 4:30PM, 55 Laguna Community Room. No need to RSVP.

Did you know that 1/3 of people over the age of 65 have hearing loss? Recent studies show that untreated hearing loss increases your risk of cognitive decline. Jessie Johnson from the Hearing and Speech Center of Northern California joins us for a free presentation about the importance of getting a hearing test and hearing loss treatment options. We will discuss new hearing aid technology, assistive listening devices, communication strategies as well as the recent studies linking untreated hearing loss to cognitive decline.

Jessie Johnson, joined the Center in 2000 and is intimately familiar with the complex process of obtaining hearing care, from insurance companies to the range of hearing aid models available. She delivers educational presentations throughout the community on hearing healthcare. Jessie provides compassionate and knowledgeable service to clients and helps people understand their insurance process and how to advocate for themselves.



Join the New Openhouse Walking Group!

Beginning in October: 2nd and 4th Fridays, 11AM

Meet at Bob Ross LGBT Senior Center at 65 Laguna St.

Join us as we move together, talk, and explore the neighborhoods around Openhouse. Everyone is welcome and snacks and water will be provided.

Leading us will be community member, Freddie Kendrick. Freddie has been a certified nursing assistant for 30 years and is a volunteer Chaplain at Davies. With a desire to do more for the community and to increase wellness, joy, and connection, Freddie is looking forward to leading the Openhouse community in fun neighborhood jaunts twice a month.

Contact: For more info, contact Faire at (415) 231-5883 or ffaircloth@openhouse-sf.org

Connecting Generations Creatively!

Calling all our artists, wordsmiths, musicians, and anyone looking to express their creativity! The MISCI Creative Engagement Program is looking for Openhouse community members willing to develop a creative project with younger people over the course of 3 months. Openhouse is partnering with UCSF Global Brain Health Institute to offer this program and to study its impact on participants' health and well-being. No background in arts is required, only a willingness to connect and create with younger people!



Registration and eligibility required.

To learn more, contact Sylvia at (415) 659-8123 or sylvia@openhouse-sf.org



Celebrate Bisexuality Week with a Special Screening of *Kinsey*

Friday, September 27, 12 – 2:30PM

Bob Ross LGBT Senior Center at 65 Laguna St.

RSVP required.

At Openhouse, we recognize that bi erasure happens constantly, even in the LGBTQ community. The week of September 23rd is focused on celebrating and bringing awareness to bisexuality! This year, we are celebrating by screening the film *Kinsey*, based around the life and work of Alfred Kinsey, who pioneered a more nuanced approach to sexuality that characterized most people as being somewhere on a scale from heterosexual to homosexual. Join us for a light lunch and enjoy this insightful film. Closed captions will be provided.



For more info or to RSVP, contact Faire at (415) 231-5883 or ffclaircloth@openhouse-sf.org



Special Event! LGBTQ Experiences in Education

Friday, October 18, 5 – 7PM, Bob Ross LGBT Senior Center at 65 Laguna St.

Dinner and great conversation will be provided.

Registration is required and space is limited.

We invite you to a special evening where you will meet and engage with students from the University of San Francisco for an intergenerational dialogue about LGBTQ issues in education. Share your story as a queer student, educator, counselor, administrator, or parent in school. Hear what students from USF are doing to make schools more inclusive. Your wisdom will contribute to students' understanding of where we've come from, how far we've gone, and where we still need to go.

For more info or to register, contact Faire at (415) 231-5883 or ffaircloth@openhouse-sf.org.

Community Engagement Programs

Sisters on the Move

Friday, September 20, 11AM – 12:30PM

Meet at Openhouse located at 65 Laguna St. at Bob Ross LGBT Senior Center. RSVP required to receive a reminder call.

Contact Faire at **(415) 231-5883**.

Come walk, roll, or stroll at your own pace. Don't be shy! Come commune and explore with other LGBTQ women-identified community members and their friends. All movement assistance devices are welcome. We move locally near 65 Laguna on the flattest streets around. Hearty and robust walkers are encouraged as well. We won't hold you back! Snacks and water provided.



Sister Circle

Tuesday, September 24, 12 – 1:30PM

at 55 Laguna Community Room
RSVP required.

Many of us are still living in the city! Let's get together to grow friendships and make new connections. We warmly welcome all women-identified community members to join us for a luncheon on the 4th Tuesday of every month.

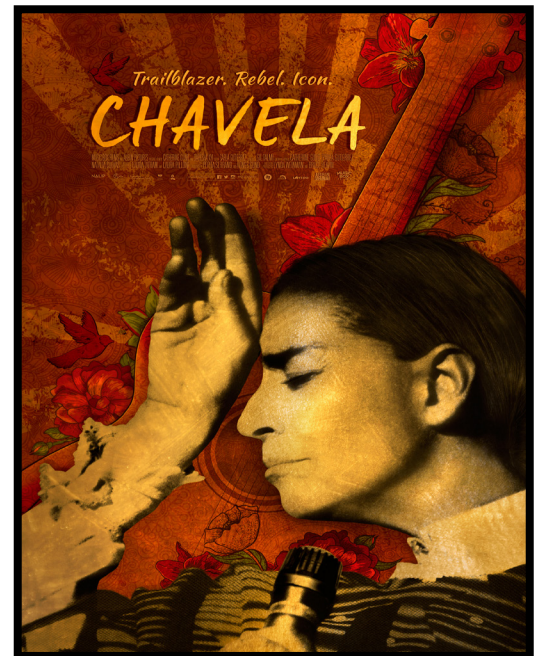
Contact Faire at (415) 231-5883 or ffaircloth@openhouse-sf.org

Women's Afternoon at the Movies

Friday, September 20, 1 – 4PM

55 Laguna Community Room

We warmly welcome all women-identified LGBTQ community members to join us every 3rd Friday of the month to socialize and watch movies. Light snacks and refreshments will be served. In honor of Latinx Heritage Month, our upcoming film is "Chavela". Chavela Vargas was a true interpreter of the heartache in Mexican Ranchera music, a lover of women, and a revolutionary Mexican queer icon. Chavela is a documentary that tells of the legendary singer's battle with alcoholism, her rough beginnings, and the struggle to be respected in a deeply sexist, male-dominated field. Spanish language film. English Closed Captions provided.



If you have films that you would like to see shown by Openhouse, please email Faire at faire@openhouse-sf.org.

Community Engagement Programs

TransGenerational Luncheon (formerly Trans Elder Lunch)

Tuesday, September 17, 12 – 1:30PM at 55 Laguna Community Room

Creating connections across generations is key to building a stronger community, reducing isolation, and passing on our histories. This lunch is for ALL trans, gender queer, and nonbinary folks. We hope you'll join us every 3rd Tuesday for a monthly lunch for the TGNC community at Openhouse!

For more info, contact Faire at (415) 231-5883 or ffaircloth@openhouse-sf.org



Rainbow Lunch

a community gathering

Wednesdays, Sept 11 and Sept 25
12 – 1:30PM, 55 Laguna Community Room
RSVP to Faire at (415) 231-5883

Please join us for a unique opportunity to be with community to socialize, laugh, feel supported, and make new friends in a safe and welcoming space. Due to the wonderful popularity of the lunch, please RSVP no later than 10AM the Monday before the luncheon.

RSVP required. We ask folks to please arrive no earlier than 11:45PM and no later than 12:30PM to ensure folks can be escorted up to the 2nd Floor.

Men's Drop-In Social Hour

2nd and 4th Thursdays, 1:30 – 3PM
OH Community Room at 55 Laguna St

This group welcomes all male-identified community members for coffee, snacks and informal socializing.



New to Openhouse? We want to hear your perspective!

Openhouse has an exciting opportunity to learn from you, our community! Through participation in the CRDP (California Reducing Disparities Project), we are looking for input from community members experiencing Openhouse programs for the first time.

If eligible, participants will be offered an incentive for enrolling. Participation in the CRDP is completely voluntary and does not impact your ability to access Openhouse programs.

To learn more about this opportunity and other programs at Openhouse, contact Ariel at (415) 503-4180 or ariel@openhouse-sf.org

Community Wellness and Services

MUTTVILLE senior dog rescue

Friday, September 13, 2PM

255 Alabama St.

RSVP requested

We visit Muttville every 2nd Friday of the month and we invite you to join us. You'll hang out with a handful of sweet dogs in a cozy living-room like setting. You can also elect to walk with the dogs.



Let us know if you can make it!

Contact Ariel at (415) 503-4180 or email ariel@openhouse-sf.org

LGBTQ Online Caregiver Discussion Group

For more info:

sylvia@openhouse-sf.org

Openhouse and Family Caregiver Alliance offer this Online Discussion Group as a place for LGBTQ caregivers of older adults with chronic health concerns to discuss the unique issues of caring for a partner, family member, friend, or loved one. This is a national online group. Caregivers with basic computer access (emails) are welcomed and encouraged to participate in this supportive space!

 **CONNECT**

Trans/Gender-Variant Support Group at SteppingStone

September 16 (first Monday canceled for Labor Day)

2 – 3:15PM, 225 Berry St. Registration required.

Join ROAR for Aging for a biweekly support group for transgender and gender-variant people at SteppingStone Mission Creek. This is an open-ended drop-in group where members can share their stories, seek referrals and advice, and cultivate a sense of community. This group is facilitated by D. Hilton, ASW.

It is free and requires an interview with the facilitator prior to enrollment.

For more info and to set up an interview, contact D. at (510) 863-0359 or dhilton@steppingstonehealth.org



SteppingStone
Your Path to Health and Independence

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Openhouse Offices Closed Today	3 Gay Gray Writers, 4 – 6PM BR 65 Laguna St. Closed group, X322 for info	4 Clearing House: Cluttering Support 12:30 – 2PM, BR 65 Laguna St. Romance Languages, 4 – 5:30PM BR 65 Laguna St., Reg Req'd: X305	5 Yoga for Older Adults 11AM – 12PM, OHC 55 Laguna Reg Req'd: X315 Grief Group, 4:15 – 5:30PM BR 65 Laguna, Reg. Req'd X315	6 Living with Loss: Drop-in Grief Support, 1 – 2:30PM, BR 65 Laguna	7 Games, 10AM – 1PM, BR 65 Laguna Queer Elders Short Stories 12:30 – 3:30PM, PAWS Closed group, X322 for info
8	9 Drop-In Meditation 11AM – 12PM, BR 65 Laguna St. LGBTQ Chat, 1 – 2PM Men's Group, 2 – 3:30PM, 501 Castro "In the Life" Discussion for LGBTQ People of Color, 2 – 3:30PM BR 65 Laguna, RSVP to X322 for info Basic Conversational Japanese 4 – 5:30PM, BR 65 Laguna Reg req'd: X 305	10 iPhone Class, 2 – 4PM 1663 Mission St. RSVP to X305	11 Openhouse Job Fair! 11AM-12PM BR 65 Laguna St. Rainbow Lunch, 12 – 1:30PM OHC 55 Laguna St. RSVP req'd: X322 Android Class, 2 – 4PM 1663 Mission St. RSVP to X305 Romance Languages, 4 – 5:30PM BR 65 Laguna St, Reg Req'd: X305	12 Yoga for Older Adults 11AM – 12PM, OHC 55 Laguna Reg Req'd: X315 Basic Computer Skills 12 - 2PM, 1663 Mission St. Req Req'd: X305 Men's Drop-In Social Hour 1:30 – 3PM, OHC 55 Laguna St. Grief Group, 4:15 – 5:30PM BR 65 Laguna, Reg. Req'd X315	13 Housing Workshop, 2PM BR 65 Laguna St. RSVP req'd, X313 Visit to Muttville, 2PM 255 Alabama St, RSVP to X315 Yiddish, 4 – 5:30PM BR 65 Laguna, Reg req'd X305	14 Games, 10AM – 1PM, BR 65 Laguna Queer Elders Short Stories Panel: How to Publish Open to everyone! 1 – 3:30PM, PAWS, X322 for info No Art Group Today: Hiatus
15	16 Drop-In Meditation 11AM – 12PM, BR 65 Laguna St. Men's Group, 2 – 3:30PM, 501 Castro Trans/Gender-Variant Support Group 2 – 3:15PM, 930 4th St. Reg Req'd: (510) 863-0359 Basic Conversational Japanese 4 – 5:30PM, BR 65 Laguna Reg req'd: X 305	17 TransGenerational Lunch 12 – 1:30PM, OHC 55 Laguna X322 for info iPhone Class, 2 – 4PM 1663 Mission St. RSVP to X305 Gay Gray Writers, 4 – 6PM BR 65 Laguna St. Closed group, X322 for info	18 Clearing House: Cluttering Support 12:30 – 2PM, BR 65 Laguna St. Android Class, 2 – 4PM 1663 Mission St. RSVP to X305 Romance Languages, 4 – 5:30PM BR 65 Laguna St., Reg Req'd: X305	19 Yoga for Older Adults 11AM – 12PM, OHC 55 Laguna Reg Req'd: X315 Basic Computer Skills 12 - 2PM, 1663 Mission St. Req Req'd: X305 Grief Group, 4:15 – 5:30PM BR 65 Laguna, Reg. Req'd X315	20 Sisters on the Move, 11 – 12:30PM BR 65 Laguna St. RSVP: X322 Women's Afternoon at the Movies "Chavela" 1 – 4PM OHC 55 Laguna Living with Loss: Drop-in Grief Support, 1 – 2:30PM, BR 65 Laguna Yiddish, 4 – 5:30PM	21 Games, 10AM – 1PM, BR 65 Laguna Queer Elders Short Stories 12:30 – 3:30PM, PAWS Closed group, X322 for info No Art Group Today: Hiatus
22	23 Drop-In Meditation 11AM – 12PM, BR 65 Laguna St. LGBTQ Chat, 1 – 2PM Men's Group, 2 – 3:30PM, 501 Castro "In the Life" Discussion for LGBTQ People of Color, 2 – 3:30PM, BR 65 Laguna, RSVP to X322 for info Basic Conversational Japanese 4 – 5:30PM, BR 65 Laguna Reg req'd: X 305	24 Housing Workshop, 11AM BR 65 Laguna St. RSVP req'd, X313 Sister Circle, 12 – 1:30PM OHC 55 Laguna, X303	25 Rainbow Lunch, 12 – 1:30PM OHC 55 Laguna St. RSVP req'd: X322 LGBTQ Caregivers of Those w/ Dementia Support Group 6 – 7:30PM, BR 65 Laguna St	26 Yoga for Older Adults 11AM – 12PM, OHC 55 Laguna Reg Req'd: X315 Men's Drop-In Social Hour 1:30 – 3PM, OHC 55 Laguna St. Grief Group, 4:15 – 5:30PM BR 65 Laguna, Reg. Req'd X315	27 Bisexuality Week Film Screening "Kinsey" 12 – 2:30PM, BR 65 Laguna 4th Friday Health & Wellness "Hearing Loss Education" 3 – 4:30PM, enter at BR 65 Laguna Yiddish, 4 – 5:30PM BR 65 Laguna, Reg req'd X305	28 Games, 10AM – 1PM, BR 65 Laguna Queer Elders Short Stories Public Reading: Write Now! Open to everyone! 1 – 3:30PM, X322 for details No Art Group Today: Hiatus
29	30 Drop-In Meditation 11AM – 12PM, BR 65 Laguna Men's Group, 2 – 3:30PM, 501 Castro Basic Conversational Japanese 4 – 5:30PM, BR 65 Laguna Reg req'd: X 305	October 1 iPhone Class, 2 – 4PM 1663 Mission St. RSVP to X305 Gay Gray Writers, 4 – 6PM BR 65 Laguna St. Closed group, X322 for info	2 Clearing House: Cluttering Support 12:30 – 2PM, BR 65 Laguna St. Android Class, 2 – 4PM 1663 Mission St. RSVP to X305	3 Yoga for Older Adults 11AM – 12PM, OHC 55 Laguna Reg Req'd: X315 Basic Computer Skills 12 - 2PM, 1663 Mission St. Req Req'd: X305 Grief Group, 4:15 – 5:30PM BR 65 Laguna, Reg. Req'd X315	4 Living with Loss: Drop-in Grief Support, 1 – 2:30PM, BR 65 Laguna Yiddish, 4 – 5:30PM BR 65 Laguna Reg req'd X305	5 Games, 10AM – 1PM, BR 65 Laguna No Art Group Today: Hiatus

LOCATIONS: Openhouse (BR): Bob Ross LGBT Senior Center, 65 Laguna St. 415.296.8995 | Openhouse Community (OHC): 55 Laguna St.

Castro Community Meeting Room: 501 Castro (upstairs) | Muttville: 255 Alabama (off 16th) | Trans Thrive: 730 Polk St., 4th Floor | PAWS: 3170 23rd St. | SteppingStone: Mission Creek Adult Day Health Center 930 4th St.

Community Wellness and Services

Clearing House: Drop-in Clutter Support Group

1st and 3rd Wednesdays

12:30 – 2PM, Bob Ross LGBT Senior Center, 65 Laguna St.



Openhouse and the Mental Health Association of San Francisco welcome you to a support group for all LGBTQ community members age 55+ who “struggle with stuff.”

The group is a non-judgmental, confidential, and supportive space where you can share your struggles and strategies with other LGBTQ folks.

Drop-In Meditation

Mondays, 11AM – 12PM, Bob Ross LGBT Senior Center, 65 Laguna St.

Come find some space in the chaos and learn some tools to get along skillfully and with awareness in this complex world.

Instructors David Lewis and Kathy Barr invite all levels of practitioners--as well as those who are just interested in seeing what meditation is all about--to join us!

Questions? Contact Faire at (415) 231-5883

LGBTQ Chat Group in collaboration with Well-Connected.

This **telephone-based** group is held from 1 – 2PM on the 2nd and 4th Mondays of the month.

Community members can participate via phone or computer from the comfort of their own homes. The chat is open to all LGBTQ seniors interested in connecting and building community over the phone. We create an inclusive and supportive space to share our stories and perspectives!

The group is facilitated by Ariel Mellinger, ASW.

Staying Connected to Services In the Life: A Discussion Group for LGBTQ People of Color

2nd and 4th Mondays, 2 – 3:30PM at Bob Ross LGBT Senior Center at 65 Laguna St.

RSVP required

In partnership with Steppingstone, join us for a discussion group for LGBTQ people of color. Prejudice, bias and bureaucracy make government systems almost impossible to cope with every day; it's a struggle. Every second and fourth Monday, come share your tips, strategies and support with others in a positive environment. We will learn together how to get what we want from community resources, support services and government benefits.

This group is facilitated by Myles Dixon who has a Masters in Health Systems Administration and has both personal and professional experience working with health-related community organizations.

For more info or to RSVP, contact Faire at (415) 231-5883 or ffaircloth@openhouse-sf.org

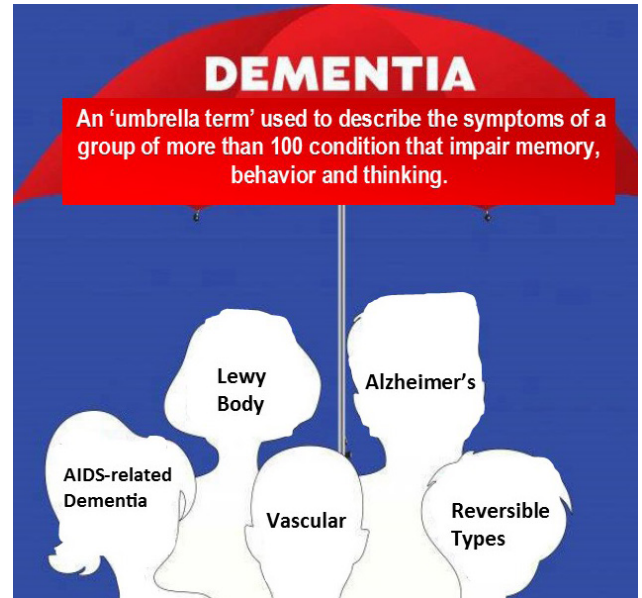
Community Wellness and Services

LGBTQ Caregivers of those with Dementia Support Group in Partnership with the Alzheimer's Association

Wednesday, September 25, 6 – 7:30PM
Bob Ross LGBT Senior Center at
65 Laguna St. *No need to RSVP!*

We welcome diverse LGBTQ caregivers to this monthly, free drop-in support group. Caring for someone with dementia, whether mild or severe, is important work and inspires many questions about how to deal with what is. We welcome you to join the conversation.

Contact Ariel for more info at (415) 503-4180 or email ariel@openhouse-sf.org



Living with Loss: Drop-In Grief Group

1st and 3rd Fridays, 1 – 2:30PM at Bob Ross LGBT Senior Center
65 Laguna St. No need to RSVP

Join Openhouse and VITAS Healthcare for a drop-in grief support group for LGBTQ older adults who have experienced loss and are looking for support in a safe, welcoming environment. There is no cost for this group and no on-going commitment to attend. The group is co-facilitated by Dale Poland and Jane Litman.

For questions, contact Dale Poland at (408) 964-6866 or dale.poland@vitas.com.

Join our volunteer family! We couldn't do what we do without you!

Interested in lending Openhouse a hand? We have multiple needs for volunteers. Our volunteers are a critical part of our Openhouse family and their efforts make a big impact on our community!

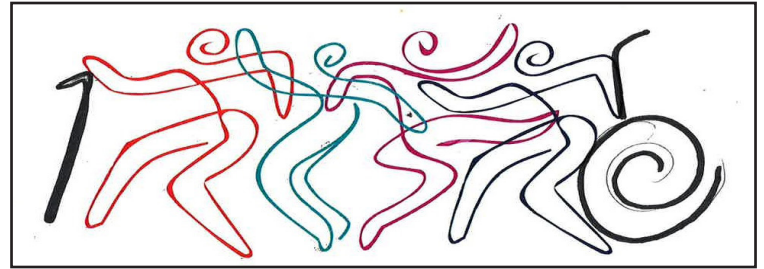
If you're interested, please get in touch with Kirk Lorenzo at (415) 231-5888 or klorenzo@openhouse-sf.org for more details.



The Openhouse Dance Troupe is Back!

Rehearsals/class begins Tuesday, October 22
2 – 3PM at Bob Ross LGBT Senior Center at 65 Laguna St.
Registration is required

This time around, we are doing things a little differently. The Openhouse Dance Program will take place in two-parts: for 30 minutes of class, the Dance Troupe will build on and practice choreography for a performance taking place at our Holiday Party in December. For the other half of class, Allegra will build on dance skills, teach some new moves, and make space for some free-flowing dance.



If you want to join the dance troupe, we invite you! If you want to learn the choreography but not participate in the performance, we invite you! Or if you just want to come and learn some new dance moves, we invite you! **All abilities are welcome and no experience is necessary.**

Our choreographer, Allegra Hirschman, has taught dance to folks ages 2 to 102. When she is not forcing her friends to do pride flashmobs or performing with the Three Sisters Bellydancers she is likely dancing in the kitchen with her wife and two little ones. When not in actual motion, she is a researcher and marketing/outreach director. Facilitating the Openhouse dance troupe is a dream come true!

For more info and to register, contact Faire at (415) 231-5883 or ffaircloth@openhouse-sf.org

Discount Theatre Tickets Alert!

“Little superstars for Jesus,” the Blaylock Sisters, are all grown up and kind of a mess. There’s Rachel, a Christian vlogger who still has sex with her comatose husband, Abigail, a chain-smoking virgin with anger management issues, and Bethany, a closeted atheist stripper. When their overbearing stage mother, Ditty, “volunteers” her daughters for a star-studded reunion performance, all hell breaks loose. From the brilliant and hilarious mind of “Sordid

Lives” creator, Del Shores, comes a brand new comedy about fame, family, and finding your way back home.

Openhouse community members enjoy a partnership discount of 20% off individual tickets. Use discount code NCTCVIP. Bigger discounts, plus a free pre-show party, are available for groups of 20 or more. For more information, contact Charles Renfroe at crenfroe@openhouse-sf.org or (415) 702-3537.

housing, services, and community for LGBT seniors
openhouse

Bob Ross LGBT Senior Center
65 Laguna St.
San Francisco, CA 94102
(415) 296-8995

SEPTEMBER 2019

SAVE THE DATE:
Openhouse's Annual Fall Feast
Thursday, November 21, 2019

Join us for another wonderful opportunity to come together as community for a bountiful Fall Feast at the beautiful San Francisco War Memorial's Green Room.

More details to follow in the October newsletter!

