



Dragon Fruit Stories: Celebrating API LGBTQ Voices

Thursday, May 30, 1-3PM at 55 Laguna Community Room

RSVP required, contact Faire Faircloth (415) 231-5883 or ffaircloth@openhouse-sf.org

Join Openhouse and APIENC, a community partner that builds power and increases visibility of the LGBTQ Asian Pacific Islander community, for this interactive workshop. In honor of API Heritage Month, we will center the voices of API LGBTQ elders by hearing stories from APIENC's Dragon Fruit oral history project and make space to share and connect with each other's stories. Lunch will be provided.



NEW! Wise Women's Health Group: Doing It for Ourselves (DIFO)

Monday early evenings starting June 3 at Bob Ross LGBT Senior Center, 65 Laguna St.

DIFO is a health education and support group for older lesbian, bisexual, and queer women 50 years or older. Participants set their own health goals and learn about healthier nutrition, physical activity, reducing stress, and aging as sexual minority women in a supportive environment. Over 150 women have participated in a DIFO group in the past five years and most find the sense of community and tools for healthier living to be personally beneficial. This 8-week session is open to new and past participants and will be facilitated by Jana Rickerson. Dinner will be provided.

For info and to register, please contact Ariel Mellinger at (415) 503-4180 or ariel@openhouse-sf.org

Sister Circle is calling all LGBTQ women-identified folks to join these upcoming events:

- Friday, May 17, 11AM – Sisters on the Move walking group
- Friday, May 17, 1PM – Women's Afternoon at the Movies
- Tuesday, May 28, 12PM – Sister Circle

More info on page 4.

Openhouse Calling for Artists to Paint Mural in Celebration of HIV Long-Term Survivors!

Are you an artist or muralist living with HIV? We invite you to to apply for a commission to paint a large-scale mural in 75 Laguna, our new community space to celebrate the resilience and strength of HIV Long-Term Survivors. The mural will be alongside two living walls called Lasting Tribute to HIV Long-Term Survivors. Interested artists may apply for the commission at <https://openhouse.submittable.com/submit>. The site provides technical support, but applicants may also email openhousemural@gmail.com with additional questions about the project or requirements. Preference will be given to HIV Long-Term Survivors or those whose lives have been significantly impacted by HIV/AIDS.

Join our volunteer family! We couldn't do what we do without you!

Interested in lending Openhouse a hand? We're always looking for help with our Rainbow Lunches, Trans Elder Lunch, Sister Circle, Front Desk Reception, Friendly Visitor Program, and our one-off seasonal events. Our volunteers are a big part of our Openhouse family and their efforts make a big impact on our community.

If you're interested, please get in touch with Kirk Lorenzo at (415) 231-5888 or klorenzo@openhouse-sf.org for more details. We look forward to having you join our family!

LGBTQ Senior Pride Month in June!

**MAY
6...**

Help us plan the Trans Intergenerational Brunch

65 Laguna Community Room, 1:30-3:30PM (Dates and topics below)

RSVP required to Ray at (415) 259-4140 or [rtsukayama@openhouse-sf.org](mailto:rsukayama@openhouse-sf.org)

Openhouse invites trans-identified community members to share input around the upcoming Trans Intergenerational Pride Brunch above. Spend some time getting to know the LYRIC Fellows and other young people before the event. Drop in for any of the 3 sessions. A tasty lunch will be provided!

May 6: Theme and Decorations

May 20: Food and Music

June 3: Program and Safety

Send us your Pride March chants, too! We'll print them out for the parade!

**MAY
9**

Pride Parade Poster-Making Party

Thursday, May 9, 2-4PM, SF LGBT Center

RSVP required to Faire at (415) 231-5883 or ffaircloth@openhouse-sf.org

LGBTQ seniors will lead the parade this year! Join us to make our posters and decorations! Art supplies and snacks will be provided. If you can't make it, send us your ideas and we will work to create a poster with *your* words or slogans on it.



**JUNE
1**

LGBTQ Senior Prom

Saturday, June 1, 4-7PM at the SF War Memorial Green Room

RSVP required to Faire at (415) 231-5883 or pride@openhousesf.org

This popular event returns for the fourth year! LGBTQ Senior Prom is a celebration for seniors and allies of all ages to get another chance at Prom with none of the tradition or rules. No dress code, no need for a date, no dancing required, no gender rules, and no holding back! Acceptance is the only theme. The event features a DJ, performances, food and drinks, prizes for prom royalty, and an amazing time for all!

LGBTQ Senior Pride Month in June!

**JUNE
22**

Sisters of Perpetual Indulgence Pride Celebration

Saturday, June 22, 2–4PM, 55 Laguna Community Room
RSVP required to Faire at (415) 231-5883 or pride@openhousesf.org

Come have a ball with the Sisters of Perpetual Indulgence and Openhouse! Celebrate Pride with mocktails, food, music, and entertainment provided by the Sisters-- you won't want to miss this.

**JUNE
28**

Trans Intergenerational Brunch

Saturday, June 28, 11AM-2PM at Dolores Park
RSVP required to Ray at (415) 259-4140 or pride@openhousesf.org

LYRIC and Openhouse are proud to once again host Pride's main intergenerational event. We are excited to celebrate our Transgender and Gender Nonconforming community members and their allies across all ages. The event includes a delicious brunch in Dolores Park under a comfy canopied area and activities to foster connection across the ages. Brunch is followed by the Trans March rally and march! If you're interested in sharing input for this event, consider coming to community planning groups.

**JUNE
30**

Openhouse Leads the Pride Parade

Sunday, June 30, 9AM onwards at Google Community Space, 188 Embarcadero
RSVP required to Ray at (415) 259-4140 or pride@openhousesf.org

This year's parade theme, *Generations of Resistance*, offers Openhouse and our community an opportunity to put seniors at the center of the celebration and the march towards social justice. We are coordinating a large senior contingent with high visibility as part of this year's Parade. We have a comfortable meeting space close by the line up! We hope you'll join us!

RSVP and registration required to ride either the trolley or golf carts—there are a limited number of seats.

NEW! Join the Openhouse Dance Troupe

**D
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C
E**

Join the First-Ever Openhouse Dance Troupe!
Dance rehearsals begin the second week of May

All abilities are welcome and no experience is necessary to join! Our first choreographed performance will be at the Openhouse LGBTQ Senior Prom!

For more information and to register, contact Ariel at (415) 503-4180 or ariel@openhouse-sf.org

Community Engagement Programs

Questions about any programs listed here or to RSVP?

Contact Faire, OH Activities Coordinator, (415) 231-5883 or ffaircloth@openhouse-sf.org

Staying Connected to Services "In the Life": A Discussion Group for LGBTQ People of Color

Monday, May 13, 2-3:30PM, 225 Berry St. (May 27 canceled in observance of Memorial Day)

Join a biweekly discussion group in partnership with Steppingstone for LGBTQ people of color. Prejudice, bias and bureaucracy make government systems almost impossible to cope with every day; it's a struggle. Every second and fourth Monday, come share your tips, strategies and support with others in a positive environment. We will learn together how to get what we want from community resources, support services and government benefits.

This group is facilitated by Myles Dixon who has a Masters in Health Systems Administration and has both personal and professional experience working with health-related community organizations.

RSVP required. Please contact D. at (510) 863-0359 or dhilton@steppingstonehealth.org

Sister Circle

Tuesday, May 28, 12-1:30PM
at 55 Laguna Community Room



Many of us are still living in the city! Let's get together to grow friendships and make new connections. We warmly welcome all women identified community members to join us for a luncheon on the 4th Tuesday of every month.

RSVP required. Contact Faire, details above.

Sisters on the Move

Friday, May 17, 11AM - 12:30PM
Meet at the Bob Ross LGBT Senior Center at 65 Laguna St.
RSVP required. Contact Faire, info above.

WALK
and
TALK

Walk at your pace, hang with your Sisters, and build community. Every 3rd Friday of the month preceding Women's Afternoon at the Movies.

Women's Afternoon at the Movies

"The Color Purple"

Friday, May 17, 1-4PM, 55 Laguna Community Room

We warmly welcome all women-identified LGBTQ community members to join us every 3rd Friday of the month to socialize and watch movies.

Light snacks and refreshments will be served.

For more info, contact Sylvia at (415) 659-8123 or sylvia@openhouse-sf.org

Community Engagement Programs

Questions about any programs listed here or to *RSVP?*

Contact Faire, OH Activities Coordinator, (415) 231-5883 or ffaircloth@openhouse-sf.org

Trans Elder Lunch Grows!

Tuesday, May 21, 12-1:30PM at 55 Laguna Community Room

Contact Faire, info above.

Openhouse community is looking to make this lunch intergenerational! Creating connections across generations is key to building a stronger community. This lunch is for ALL trans, gender queer, and nonbinary folks. We hope you'll join us every 3rd Tuesday for a monthly lunch for the TGNC community at Openhouse!



Men's Drop-In Social Hour

2nd and 4th Thursdays, 1:30-3PM
at 55 Laguna Community Room

This group welcomes all male-identified community members for coffee, snacks and informal socializing.



Rainbow Lunch a community gathering

2nd and 4th Wednesdays, 12-1:30PM
at 55 Laguna Community Room

Please join us for a unique opportunity to be with community to socialize, laugh, feel supported, and make new friends in a safe and welcoming space. Due to the wonderful popularity of the lunch, please RSVP no later than 10AM the Monday before the luncheon. RSVP required. We ask folks to please arrive no earlier than 11:45PM and no later than 12:30PM to ensure folks can be escorted up to the 2nd Floor Community Room at 55 Laguna St.

New to Openhouse? We would love to hear your perspective!

Openhouse has an exciting opportunity to learn from you, our community! Through participation in the CRDP (California Reducing Disparities Project), we are looking for input from participants experiencing Openhouse programs for the first time. We are measuring if our programs make a difference in the lives of LGBTQ seniors and we want to hear from you! If eligible, participants will be offered an incentive for enrolling. Participation in the CRDP is completely voluntary and does not impact participation in Openhouse programs.

For questions about how to enroll in the evaluation or to learn more about the CRDP please contact Ariel at (415) 503-4180 or or ariel@openhouse-sf.org

Celebration of Life for Mark Braverman

Saturday, June 1, 12 – 2:30PM, LGBT Center, 1800 Market St.

Mark was a longtime Openhouse Friendly Visitor volunteer, Group facilitator, and community member who was very committed to the Openhouse community. Please join Mark's family and friends in honoring and celebrating Mark's life. There will be an opportunity to share your memories of Mark and honor the contributions he has made to our community.



Support and Wellness Programs

Questions about programs listed here? Contact Ariel, Support and Wellness Coordinator, (415) 503-4180 or email: ariel@openhouse-sf.org



SteppingStone
Your Path to Health and Independence

Trans/Gender-Variant Support Group at SteppingStone May 6 and 20, 2 - 3:15PM, 225 Berry St. Registration required.

Join ROAR for Aging for a biweekly support group for transgender and gender-variant people at SteppingStone Mission Creek. Held on the first and third Mondays, this is an open-ended drop-in group where members can share their stories, seek referrals and advice, and cultivate a sense of community.

This group will be facilitated by D. Hilton, ASW. It is free and requires an interview with the facilitator prior to enrollment.

For more info and to set up an interview, contact D. at (510) 863-0359 or dhilton@steppingstonehealth.org

HIV Support at Openhouse

Openhouse has a small group of male-identified community members who have been meeting weekly for many years to support each other with the challenges and successes of living with HIV/AIDS. If you would like to participate in this group, please contact Duff Axson at Openhouse for an interview to discuss the group and your interests.

Additionally, we are looking to expand programming specific to our community members living with HIV and we want to know your ideas! Let us know about new support groups, wellness information, and programs relating to HIV/AIDS that would interest you. We are especially seeking input from community members who identify as LGBTQ and our community members of color.

Please contact Duff Axson at (415) 728-0193 or daxsom@openhousesf.org.



Friday, May 10, 2PM 255 Alabama St.

We visit Muttville every 2nd Friday of the month and we invite you to join us. You'll hang out with a handful of sweet dogs in a cozy living-room like setting. You can also elect to walk with the dogs. Let us know you can make it- please contact Ariel, Support and Wellness Program Coordinator, (415) 503-4180 or email ariel@openhouse-sf.org



SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Clearing House: Cluttering Support 12:30 – 2PM BR 65 Laguna St.	2 Yoga, 11AM - 12PM, Reg. Req'd Housing Workshop, 2PM BR 65 Laguna St, RSVP req'd, X313 Facing the Feelings around Mortality 2:30 - 3:45PM, Reg. req'd X316 Intermediate Italian, 4–5:30PM	3 Living with Loss: Drop-in Grief Support, 1–2:30PM, BR 65 Laguna St. Yiddish, 4–5:30PM, BR 65 Laguna Reg req'd X305	4 Games, 10AM–1PM, BR 65 Laguna Queer Elders Writing Workshop 12:30–3:30PM, PAWS Art Group 1:15–4PM, BR 65 Laguna
5	6 Drop-In Meditation, 11AM–12PM BR 65 Laguna St. Trans Intergenerational Brunch Planning Lunch, 1:30-3:30PM, BR 65 Laguna St., RSVP X318 Trans/Gender-Variant Support Group 225 Berry St., 2 - 3:15PM, Reg req'd Men's Group, 2–3:30PM, 501 Castro	7 Intro to Spanish, 6–7:30PM BR 65 Laguna St. Reg. req'd	8 Housing Workshop 11AM, BR 65 Laguna St. RSVP req'd, X313 Rainbow Lunch, 12–1:30PM OHC 55 Laguna St. RSVP req'd: X322 Pride Poster-Making -----> Party (5/9), 2-4PM, BR 65 Laguna St.	9 Yoga, 11AM - 12PM, Reg. Req'd X315 Men's Drop-In Social Hour 1:30–3PM, OHC 55 Laguna St. Facing the Feelings around Mortality 2:30 - 3:45PM, Reg. req'd X316 Intermediate Italian, 4–5:30PM Special Event! Bar Stories: A Story Sharing Event 4 - 6PM, OHC 55 Laguna, RSVP X305	10 Visit to Muttville, 2PM 255 Alabama St, RSVP to X315 Yiddish, 4–5:30PM, BR 65 Laguna Reg req'd X305	11 Games, 10AM–1PM, BR 65 Laguna Queer Elders Writing Workshop 12:30–3:30PM, PAWS Art Group 1:15–4PM, BR 65 Laguna
12	13 Drop-In Meditation, 11AM -12PM BR 65 Laguna St. LGBTQ Chat, 1–2PM New! "In the Life" Discussion for LGBTQ People of Color, 2 - 3:30PM 225 Berry St, Reg req'd Men's Group, 2–3:30PM, 501 Castro	14 Gay Gray Writers 4–5:30PM BR 65 Laguna St. Intro to Spanish, 6–7:30PM BR 65 Laguna St. Reg. req'd Trans 50+ & Fabulous Drop-In, 6–7:30PM Trans Thrive	15 Clearing House: Cluttering Support 12:30–2PM, BR 65 Laguna St.	16 Yoga, 11AM - 12PM, Reg. Req'd X315 Facing the Feelings around Mortality 2:30 - 3:45PM, Reg. req'd X316 Intermediate Italian, 4–5:30PM Reg req'd: X305 Yiddish (5/17), 4–5:30PM, -----> BR 65 Laguna	17 Living with Loss: Drop-in Grief Support, 1–2:30PM, BR 65 Laguna St. Housing Workshop, 11AM BR 65 Laguna St., RSVP req'd, X313 Sisters on the Move, 11 - 12:30PM BR 65 Laguna St. RSVP X322 Women's Afternoon at the Movies "The Color Purple" 1–4PM	18 Games, 10AM–PM, BR 65 Laguna St. Friendly Visitor Discussion Group 10 - 11AM, BR 65 Laguna St. Queer Elders Writing Workshop 12:30–3:30PM, PAWS Art Group 1:15–4PM, BR 65 Laguna
19	20 Drop-In Meditation, 11AM–12PM BR 65 Laguna St. Trans Intergenerational Brunch Planning Lunch, 1:30-3:30PM, BR 65 Laguna St. RSVP X318 Trans/Gender-Variant Support Group at Stepping Stone, 2 - 3:15PM, Reg req'd, see p.8 Men's Group, 2–3:30PM, 501 Castro	21 Trans Elder Lunch 12–1:30PM, OHC 55 Laguna X322 for info Gay Gray Writers 4–5:30PM BR 65 Laguna St. Intro to Spanish, 6–7:30PM BR 65 Laguna St. Reg. req'd	22 Harvey Milk Day Rainbow Lunch, 12–1:30PM OHC 55 Laguna St. RSVP req'd: X322 LGBTQ Caregivers of those with Dementia Support Group, 6–7:30PM BR 65 Laguna	23 Yoga, 11AM - 12PM, Reg. Req'd Men's Drop-In Social Hour, 1:30–3PM, OHC 55 Laguna St. Facing the Feelings around Mortality 2:30 - 3:45PM, Reg. req'd X316 Intermediate Italian, 4–5:30PM Reg req'd: X305	24 4th Friday Health & Wellness: "Understanding and Addressing Dementia", 3–4:30PM OHC 55 Laguna St. Yiddish, 4–5:30PM, BR 65 Laguna Reg req'd X305 <-----Friendly Visitor Discussion Group (5/23) 6-7PM, BR 65 Laguna St.	25 No Games today Queer Elders Writing Workshop 12:30–3:30PM, PAWS No Art Group today
26	27 Openhouse Offices Closed	28 Sister Circle, 12–1:30PM OHC 55 Laguna, X303 Gay Gray Writers 4–5:30PM BR 65 Laguna St. Intro to Spanish, 6–7:30PM Trans 50+ & Fabulous 6–7:30PM, Trans Thrive	29	30 Yoga, 11AM - 12PM, Reg. Req'd Facing the Feelings around Mortality 2:30 - 3:45PM, Reg. req'd X316 Intermediate Italian, 4–5:30PM Special Event! Dragon Fruit Stories: Celebrating API Voices, 1-3PM, RSVP X313	31 Yiddish, 4–5:30PM, BR 65 Laguna Reg req'd X305	June 1 LGBTQ Senior Prom, 4-7PM Games Group Games, 10AM–PM, BR 65 Laguna St. Queer Elders Writing Workshop 12:30–3:30PM, Location TBA No Art Group today

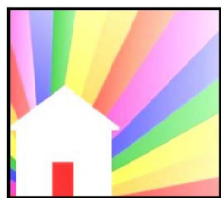
LOCATIONS: Openhouse (BR): Bob Ross LGBT Senior Center, 65 Laguna St. 415.296.8995 | Openhouse Community (OHC): 55 Laguna St.

Castro Community Meeting Room: 501 Castro (upstairs) | Muttville: 255 Alabama (off 16th) | Trans Thrive: 730 Polk St., 4th Floor | PAWS: 3170 23rd St. | SteppingStone: Mission Creek Adult Day Health Center 930 4th St.

Support and Wellness Programs

Questions about programs listed here? Contact Ariel, Support and Wellness Coordinator, (415) 503-4180 or email: ariel@openhouse-sf.org

Clearing House: Drop-in Clutter Support Group



Openhouse and the Mental Health Association of San Francisco welcome you to a support group for all LGBTQ community members age 55+ who "struggle with stuff."

The group is a non-judgmental, confidential, and supportive space where you can share your struggles and strategies with other LGBTQ folks.

Every 1st & 3rd Wednesdays 12:30-2PM

LGBTQ Chat Group

in collaboration with Well-Connected.

This telephone-based group is held 2nd and 4th Mondays of the month.

Community members can participate via phone or computer from the comfort of their own home. The chat is open to all LGBTQ seniors interested in connecting and building community over the phone. We create an inclusive and supportive space to share our stories and perspectives!

The group is facilitated by Ariel Mellinger, ASW.

For more information or to register, please call Senior Center Without Walls, toll-free at 877.797.7299.

Drop-In Meditation- no need to RSVP!

Mondays, 11AM – 12PM, Bob Ross LGBT Senior Center, 65 Laguna St.

Come find some space in the chaos and learn some tools to get along skillfully and with awareness in this complex world.

Instructors David Lewis and Kathy Barr invite all levels of practitioners--as well as those who are just interested in seeing what meditation is all about--to join us!

This program is co-sponsored by Openhouse and Shanti. Questions?

Contact Ariel at (415) 503-4180 or ariel@openhouse-sf.org

Fifty+ and Fabulous!

Trans Drop-In Group and Dinner

Trans Thrive and Openhouse join forces to offer a trans drop-in group, "Fifty+ and Fabulous!" This facilitated group welcomes all transgender folks in their golden years. Group is free and food is served!

Join us every 2nd and 4th

**Tuesday of the month from 6-7:30PM
@ 730 Polk Street, 4th Floor**

For more info please email:
transthive@apiwellness.org
or (415) 292-3420 ext 348.



LGBTQ Online Caregiver

Discussion Group

For more info: sylvia@openhouse-sf.org

Openhouse and Family Caregiver Alliance offer this Online Discussion Group as a place for LGBTQ caregivers of older adults with chronic health concerns to discuss the unique issues of caring for a partner, family member, friend, or loved one. This is a national online group. Caregivers with basic computer access (emails) are welcomed and encouraged to participate in this supportive space!



CONNECT

Support and Wellness Programs

Questions about programs listed here? Contact Ariel, Support and Wellness Coordinator, (415) 503-4180 or email: ariel@openhouse-sf.org

Living with Loss: Drop-In Grief Group

1st and 3rd Fridays, 1-2:30PM at Bob Ross LGBT Senior Center
65 Laguna St. No need to RSVP

Join Openhouse and VITAS Healthcare for a drop-in grief support group for LGBTQ older adults who have experienced loss and are looking for support in a safe, welcoming environment. There is no cost for this group and no on-going commitment to attend. The group is co-facilitated by Dale Poland and Jane Litman.

For questions, contact Dale Poland at (408) 964-6866 or dale.poland@vitas.com.

4th Friday Health & Wellness:

“Understanding and Addressing Dementia”

Friday, May 24, 3-4:30PM, 55 Laguna Community Room. No need to RSVP.

Join us for a free seminar where our presenter, Jason Flatt, will describe what is currently known about dementia risk and related lifestyle factors. He will discuss some of the current data on dementia in the LGBTQ older adult community as well as some potential strategies and lifestyle changes that may help reduce your risk for developing dementia.

Jason is an Assistant Professor in Residence at the Institute for Health & Aging, Department of Social & Behavioral Sciences, at the University of California, San Francisco (UCSF), School of Nursing. Jason’s current research works to better understand the risk and protective factors for Alzheimer’s disease and related dementias among LGBTQI+ seniors.

LGBTQ Caregivers of those with Dementia Support Group in Partnership with the Alzheimer’s Association

in partnership with the Alzheimer’s Association

May 22, 6-7:30PM, Bob Ross LGBT Senior Center at 65 Laguna St. No need to RSVP!

We welcome diverse LGBTQ caregivers to this monthly, free drop-in support group. You may care for a partner, friend, neighbor, or family member routinely or from time to time; in your home or community; or even to someone you love over the phone. “Dementia” is an umbrella term and includes a vast range of symptoms and more than 100 conditions that impair memory, behavior and thinking. Caring for someone with dementia, whether mild or severe, is important work and inspires many questions about how to deal with what is. We welcome you to join the conversation.

Contact Ariel for more info at (415) 503-4180 or email ariel@openhouse-sf.org

Would You Like a Visitor? Join our Friendly Visitor Program!



No matter our situation, we all need connection and community. If you'd like someone to connect with, our Friendly Visitor program affirms that LGBTQ elders have lifetimes of experience, perspective and know-how. You made history and now younger LGBTQ folks want to be part of the legacy! Through this program, we honor each other's fierceness and vulnerability, and we affirm the beauty and wisdom in being exactly who we are, at every age. We screen,

train and support all volunteers who spend time with community members for: home visits, walks in the park, outings to the museum, shopping, coffee and tea meet-ups, or just to chat and have some laughs. To learn more about the program, please contact Christine (415) 535-1237 or email cabiba@openhouse-sf.org.

Resources and Referrals Navigation

Resource Corner: CalFresh Information

If you are receiving SSI, you will become eligible for CalFresh food benefits starting this summer! CalFresh, formerly known as "Food Stamps," provides an EBT card that you can use in the same way as a debit card at farmers' markets, grocery stores, and convenience stores. Applications will be accepted throughout the month of May for benefits starting June 1. For more info and to apply, contact Tajinder Virdee, at 415-347-8509 or stop by drop-in hours on Wednesdays and Thursdays, 10AM-12:30PM and 1:30-4PM.

Housing Workshops at Openhouse

Need help understanding how to apply for affordable senior housing in San Francisco? Openhouse is here to help! Join us for an hour-long presentation at Openhouse where we cover the basics you need to know as you look for housing. We will decode the process of applying and suggest next steps.



Workshops are held at Openhouse, Bob Ross LGBT Senior Center, 65 Laguna St. on:

Thurs. May 2, 2PM | Wed. May 8, 11AM | Fri. May 17, 11AM

To register, contact Tajinder Virdee at (415) 347-8509 or tvirdee@openhousesf.org

Openhouse's Aging and Disability Resource Center Drop-in Hours

For more info contact Tajinder Virdee at (415) 347-8509 or tvirdee@openhousesf.org

Do you need help navigating the resources and services that are available to you in the city? Want assistance filling out tricky applications or getting connected to activities you'd actually enjoy? Or are you just looking for some extra support in your housing search?

Join our Resources and Referrals Navigator, Tajinder Virdee, for weekly drop-in hours!