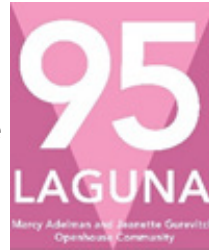


## Marcy Adelman and Jeanette Gurevitch Community at 95 Laguna



We are thrilled to share some important information about 95 Laguna slated to open it's doors to residents in April 2019. Here is what we know so far.

**However, all of this information is subject to change!**  
 We're expecting applications to become available in late November or early December so stay tuned! To receive updates go to [openhouse-sf.org/join95](http://openhouse-sf.org/join95)



Maximum Income				
1 Person	2 People	3 People	4 People	5 People
\$41,080 - \$41,450	\$46,920 - \$47,350	\$52,800 - \$53,300	\$58,640 - \$59,200	\$63,360 - \$63,950

### Rent

Studios - \$1036  
 1-Bedrooms - \$1100-\$1184  
 2-Bedrooms - \$1320-\$1333  
 These rents won't be subsidized.

### Minimum Income

2x the rent. Mitigating circumstances will be considered.

### Occupancy Limits

Unit Size	Minimum	Maximum
Studio	1 person	2 people
1- Bedroom	1 person	3 people
2- Bedroom	2 people	5 people

### Lottery Preferences

1. Certificate of Preference Holders
2. Displaced Tenant Housing Preference
3. Neighborhood Resident Housing Preference
4. Live or Work in San Francisco

### Questions?

Call our housing hotline: 415.230.0634

### Criminal History

Mercy will consider qualified applications with arrest or conviction record in accordance with the San Francisco Fair Chance Ordinance.

### Eviction History

Mitigating circumstances will be considered.

### Pets

\$100 pet deposit per pet. Two pets max allowed. Service and emotional support animals allowed too, of course!

### Expected Move-In Date

4/1/2019

## ROOMMATE MATCHING

Seeking creative ways to share expenses? Have you considered looking for a roommate to apply for housing with and to help stretch your resources? Stop by our office to add your name to the "Roommate Matching Binder." This is an entirely self-serve resource; Openhouse won't be facilitating any matches. Also - it's important to remember that any information you share in the binder will be available for others to see.

# Community Engagement Programs

Questions about any events or programs listed here? Contact Faire, OH Activities Coordinator, 415.347.8509 or [ffaircloth@openhouse-sf.org](mailto:ffaircloth@openhouse-sf.org)

## Get Ready for Fall Feast 2018 – Thursday, November 8th!

Let's celebrate together! We are excited to enjoy the Fall Feast once again at the beautiful, historic Green Room at the San Francisco War Memorial (401 Van Ness Ave). This venue is fully accessible. Join us for an abundant, autumnal feast from Mollie Stone's with a nice helping of pumpkin and/or sweet potato pie to finish! The dinner is free but donations are welcome.

We ask that folks RSVP to let us know which seating you would like to attend: **Seating One:** 2-3:30PM or **Seating Two:** 4:30-6PM

**RSVP:** In addition, we'll need your name, contact info, and the names of guests joining you.

For more info or to RSVP call **415.347.8509** or email [fallfeastrsvp@openhouse-sf.org](mailto:fallfeastrsvp@openhouse-sf.org).



## Join Openhouse & LYRIC for Transgender Day of Remembrance (TDOR) Lunch



**OPENHOUSE & LYRIC PRESENT**

### TRANSGENDER DAY OF REMEMBRANCE LUNCH

Openhouse elders & LYRIC young adults are coming together to honor & preserve the vibrant stories of the trans community. If you identify as a trans older person, we would love for you to join us.

**NOV 20, 2018**  
12PM - 2PM  
55 Laguna St

To RSVP:  
Faire Faircloth  
415-347-8509  
[ffaircloth@openhouse-sf.org](mailto:ffaircloth@openhouse-sf.org)

Tuesday, November 20th, 12-2PM in the 55 Laguna Community Room,

For this Transgender Day of Remembrance, Openhouse elders & LYRIC young adults are coming together for some intergenerational storytelling. This event will be focused on creating connections between trans youth and elders by recounting the vibrant history of the trans community. In these political times, our community is more powerful and stronger together. If you identify as a trans older person, we would love for you to join us! RSVP to Faire, at above contact. **RSVP required.**

## Housing Workshops at Openhouse

Need help understanding how to apply for affordable senior housing in San Francisco? Openhouse is here to help! Join us for an hour-long presentation at Openhouse where we cover the basics you need to know as you look for housing. We will decode the process of applying and suggest next steps. We've added more workshops this month. Check calendar for November workshop listings.

**RSVP required**, please contact Theresa Mullen at 415.685.0886 or [theresa@openhouse-sf.org](mailto:theresa@openhouse-sf.org). Call the Openhouse Housing Hotline for updates at 415.230.0634.



# Support and Wellness Programs

Questions about any programs listed here? Need to RSVP?

Contact Ariel, OH Program Coordinator, at 415.503.4180 or email [ariel@openhouse-sf.org](mailto:ariel@openhouse-sf.org).

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## NEW! Estate Planning and End-of-Life Care Options

Thursday, November 15th, 10:30AM – 12:30PM, 55 Laguna St. Community Room

Join Openhouse and Sagebrook Senior Living at San Francisco to learn about senior care and estate planning. Topics will include: Estate Planning; Assisted Living and Memory Care; Home Care; Home Health; and Hospice.

For more info or to RSVP, contact Daniel Frias Vidal at Sagebrook at 415.999.0671.

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## Death and Dying: A Conversation

2nd Friday, November 9th, 11:30AM – 1PM, Bob Ross LGBT Senior Center

65 Laguna St., No need to RSVP!

*“Considering your death before it happens, in as much advance as possible, [brings] up so, so much.... But isn't that what it deserves? Isn't that what your life and death deserves? Life is precious because you're going to die. How you live your life deserves regular consideration of that fact.” (author unknown)*

Join Openhouse for a drop-in conversation to consider your own death and dying. While not a grief support group, this program invites an open-hearted discussion where we can share thoughts and feelings about our own eventual death in a meaningful, dynamic space free from judgement. Join us 2nd Fridays of the month through December.

This group is facilitated by Ariel Mellinger, ASW.

## MUTTVILLE senior dog rescue

Friday, November 9th 2PM @  
255 Alabama (near Harrison &  
16<sup>th</sup>)



Muttville's mission is to change the way the world treats older dogs and to create better lives for them through rescue, foster, and adoption.

Openhouse visits every 2nd Friday of the month and we invite you to join us. You'll hang out with a handful of sweet dogs in a cozy living-room like setting. You can also elect to walk with the dogs.

RSVP to Ariel- contact information at top of this page!

## LGBTQ Group for Those who Care for Someone with Dementia

*in partnership with the Alzheimer's Association*

Wednesday, November 28th from 6-7:30PM  
Bob Ross LGBT Senior Center, 65 Laguna St.

We welcome diverse LGBTQ caregivers to this monthly, free drop-in support group. You may care for a partner, friend, neighbor, or family member routinely or from time to time, in your home or community, or even to someone you love over the phone or online. “Dementia” is an umbrella term and includes a vast range of symptoms and more than 100 conditions that impair memory, behavior and thinking. Caring for someone with dementia, whether mild or severe, is important work and inspires many questions about how to deal with what is. We welcome you to join the conversation.

# Support and Wellness Programs

Questions about any programs listed here? Contact Ariel, OH Program Coordinator, 415.503.4180 or email: [ariel@openhouse-sf.org](mailto:ariel@openhouse-sf.org)

## ***Clearing House: Drop-in Clutter Support Group***

Openhouse and the Mental Health Association of San Francisco welcome you to a support group for all LGBTQ community members age 55+ who "struggle with stuff."



The group is a non-judgmental, confidential, and supportive space where you can share your struggles and strategies with other LGBTQ folks.

**Every 1<sup>st</sup> & 3<sup>rd</sup> Wednesdays 12:30-2PM**  
**@65 Laguna St., Bob Ross LGBT Senior Center**

## **Living with Loss: Drop-In Grief Group**

Group will only meet on the **first Friday** this month: November 2nd, 1 – 2:30PM at Bob Ross LGBT Senior Center, 65 Laguna St.

Join Openhouse and VITAS Healthcare for a drop-in grief support group for LGBTQ older adults who have experienced loss and are looking for support in a safe, welcoming environment. There is no cost for this group and no on-going commitment to attend. The group is co-facilitated by Dale Poland and Jane Litman.

No need to RSVP, but please arrive on time to ensure entrance to the building.

For questions, contact Dale Poland at 408.964.6866 or [dale.poland@vitas.com](mailto:dale.poland@vitas.com).

## ***Fifty+ and Fabulous!***

### ***Trans Drop-In Group and Dinner***

Trans Thrive and Openhouse join forces to offer a trans drop-in group, "Fifty+ and Fabulous!" This facilitated group welcomes all transgender folks in their golden years. Group is free and food is served!

**Join us every 2<sup>nd</sup> and 4<sup>th</sup>  
Tuesday of the month from 6-7:30PM  
@ 730 Polk Street, 4<sup>th</sup> Floor**

For more info please email:  
[transthive@apiwellness.org](mailto:transthive@apiwellness.org)  
or 415.292.3420 ext 348.



## **LGBTQ Online Caregiver Discussion Group**

Openhouse and Family Caregiver Alliance offer this Online Discussion Group as a place for LGBTQ caregivers of older adults with chronic health concerns to discuss the unique issues of caring for a partner, family member, friend, or loved one. This is a national online group. Caregivers with basic computer access (emails) are welcomed and encouraged to participate in this supportive space!

## **CONNECT**

### **Health and Wellness Topic Ideas?**

Starting in 2019, Openhouse hopes to offer even more Health and Wellness seminars to our community! Please share with us any ideas you may have about topics or awesome presenters you'd like to see here! Contact Ariel at contact info above to share your ideas.

# Your voice is important and we want to hear from you!

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## Join us for upcoming Focus Groups

We invite you to discuss current and future programming at Openhouse.  
Lunch will be provided.

### Lesbian, Bisexual and Transgender Women of Color

Saturday, November 17th, 12 – 2PM at the Women’s Building, Room B (3543 18th St.)

### Lesbian, Bisexual and Transgender Women of African American Descent

Saturday, December 1st, 12 – 2PM at the African American Art & Culture Complex, Conference Room (762 Fulton St.)

Registration is required to attend. For more info or to register, contact Jana Rickerson at 628.208.0792 or [jrickerson@openhouse-sf.org](mailto:jrickerson@openhouse-sf.org).

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## Participate in a study on your health & healthcare needs!

- Open to all LGBTQ adults aged 55 and older and caregivers.
- Study involves participating in one-time 30-minute survey.
- Participation is voluntary and all information will be kept private.
- Complete the survey at: <http://bit.ly/LGBTQSeniorsDesign>
- Enter a raffle for a \$50 grocery gift card for completing the survey



For more information: Jason Flatt, PhD, at 415.476.9477 or [Jason.Flatt@ucsf.edu](mailto:Jason.Flatt@ucsf.edu)

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## New to Openhouse? We would love to hear your perspective!

Openhouse has an exciting opportunity to learn from you, our community! We’ve received funding to expand a few of our programs and evaluate their impact through a historic Community Participatory Research Project. We are seeking input from participants experiencing Openhouse programs for the first time, so that we can measure if they make a difference in the lives of LGBTQ seniors. More specifically, the focus of our research project is to look at impacts related to participation in Openhouse Lunches, Support Groups, and Friendly Visitor visits.

We are seeking community members age 55+ who have attended 5 or FEWER Openhouse activities in the past 2 years. If eligible, participants will be offered an incentive to enroll in the study and to complete several surveys in the next 18 months. Participation is completely voluntary. If you are unsure of how many activities you have attended, let us know. *Your voice matters!*

For questions about how to enroll in the evaluation or to learn more about the CRDP, please contact Ariel at 415.503.4180.

# Community Engagement

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## LGBTQ Films: *From Self-Doubt to Celebration*

1st and 3rd Wednesdays, 12:30-3:30PM at 55 Laguna St., Community Room

Join us on a journey through the changing landscape of LGBTQ films, noting the progression from a cinema of self-doubt and loathing to one of self-acceptance and celebration. Led by Ralph Beren, Ed. D., a long time film buff, stand up-up comic and former head of SFSU's Teacher Training Program, we will discuss how the eight films presented offer a different perspective on society's view of the LGBTQ community.

### Upcoming Films:

Nov. 7th: *Maurice*      Nov. 21st: *Longtime Companion*      Dec. 5th: *Milk*

### Registration required.

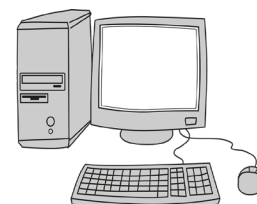
Contact Armando Paone at 415.728.0194 or [armando@openhouse-sf.org](mailto:armando@openhouse-sf.org) to register.

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## Lifelong Learning

Are you feeling technologically challenged?  
Something new is coming to Openhouse just for you!

We are starting a new computer course aimed at helping you navigate the world of the internet and smartphones. To best serve you, we've created a survey to gauge your technology needs. There are several ways to give your input:



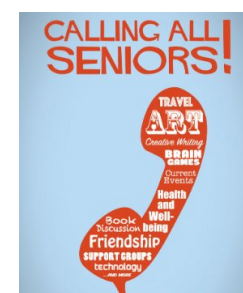
1. Type this link into your browser: <https://www.surveymonkey.com/r/33PH9GG> and fill out the survey.
  2. For non-computer users, contact Armando Paone at 415.728.0194 or [armando@openhouse-sf.org](mailto:armando@openhouse-sf.org) for a paper copy of the survey. We will also distribute surveys during our activities. In order for us to implement this program in a timely manner, we would appreciate your feedback as soon as possible.
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## LGBTQ Chat Group

**in collaboration with Well-Connected (formerly Senior Center Without Walls)**

This telephone-based group is held the 2<sup>nd</sup> and 4<sup>th</sup> Mondays of the month.

Community members can participate via phone or computer from the comfort of their own homes. The chat is open to all LGBTQ seniors interested in connecting and building community over the phone. We create an inclusive and supportive space to share our stories and perspectives!



The group is facilitated by Ariel Mellinger, ASW.  
For more information or to register, please call toll-free at 877.797.7299.



# Community Engagement Programs

Questions about any programs listed here or to *RSVP*?

Contact Faire, OH Activities Coordinator, 415.347.8509 or [ffaircloth@openhouse-sf.org](mailto:ffaircloth@openhouse-sf.org)

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## **Sister Circle**

*a lunch discussion group*

Many of us are still living in the city! Let's get together to grow friendships and make new connections. We warmly welcome all women-identified community members to join us for a luncheon on the 4th Tuesday of every month.



Tuesday, November 27th,  
12-1:30PM, 55 Laguna Community Room, RSVP

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## **Rainbow Lunch**

*a community gathering*

*Wednesday 14th & Wednesday 28th November*

Please join us for a unique opportunity to be with community to socialize, laugh, feel supported, and make new friends in a safe and welcoming space. Due to the wonderful popularity of the lunch, please RSVP no later than 10AM the Monday before the luncheon. RSVP required.

We ask folks to please arrive no earlier than 11:45PM and no later than 12:30PM to ensure folks can be escorted up to the 2nd Floor Community Room at 55 Laguna St. **RSVP required** to Faire at contact info above.

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## ***The holidays can be difficult and we want to keep our community safe!***

Those who feel sadness, loneliness, or isolation may experience it more acutely during this time. You are not alone. We are here with you to build a community that looks out for each other. Every community experiences a higher risk of suicide during the holidays. If you or someone you know is thinking of attempting suicide, please call 911. We care about you and want to keep our community safe. Here are some resources that can help:

SF Suicide Prevention Hotline: 415.781.0500 or 800.273.8255 (available 24 hrs a day)

Institute on Aging Friendship Line: 800.971.0016 (available 24 hrs a day)

Trans Lifeline: 877.565.8860 (7am – 1am everyday)

HIV Nightline: 415.434.2437 (available 24 hrs a day)

Mobile Crisis: 415.970.4000 (Mon – Fri, 8:30AM – 11PM, Weekends: 12 – 8PM)

## **Trans Elder Lunch**

Tuesday, November 20th

12-1:30PM at Bob Ross LGBT Senior Center at 65 Laguna St.

Openhouse honors transgender elders in our community! If you identify as a trans older person, we hope you'll join us for a monthly lunch for trans elders at Openhouse! See pg. 2 for details about this month's special gathering!

## **Men's Drop-In Social Hour**

2<sup>nd</sup> and 4<sup>th</sup> Thursdays, 1:30-3PM

55 Laguna Community Room

Due to the Fall Feast on November 8th and Openhouse office closure on Thursday, November 22nd, we will be moving the Men's Social Hour to the 3rd and 5th Thursdays of this month. Let's stay connected during this holiday season!



**SPECIAL TIME THIS MONTH** on the 3rd and 5th Thursdays: November 15th and November 29th, 1:30 – 3PM, 55 Laguna Community Room.



# Community Engagement Programs

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## Would You Like a Visitor?



*No matter our situation, we all need connection and community.* If you'd like someone to connect with, our Friendly Visitor program affirms that LGBTQ elders have lifetimes of experience, perspective and know-how. Friendly Visitor volunteers are honored to get to know you. We screen, train and support all volunteers who spend time with community members for: home visits, walks in the park, outings to the museum, shopping, coffee and tea meet-ups, or just to chat and have some laughs.

To learn more about the program, please contact Sylvia 415.659.8123 or email [sylvia@openhouse-sf.org](mailto:sylvia@openhouse-sf.org).

## Get Involved: Intergenerational Opportunities!

To learn more about these programs and find out if you are eligible, contact Rachael at 415.259.4140 or [rachael@openhouse-sf.org](mailto:rachael@openhouse-sf.org).



### Mentoring Across Generations

Mentoring Across Generations (MAG) is a program designed to promote intergenerational co-mentoring relationships between younger and older LGBTQ++ adults. Over the course of a year, you will meet with your partner and a cohort of MAG participants to build an intergenerational community and to pursue a personal learning goal! Rolling admission.

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### MISCI: Pilot for Creative Engagement

*Starts January 26, 2018!*

The MISCI Pilot for Creative Engagement matches college students with older adults to develop a creative art project together over the course of 3 months. Openhouse is partnering with UCSF Global Brain Health Institute to offer this program and to study its impact on participants' health and wellbeing and seeks their feedback in shaping the program as it grows. No background in arts is required, only a willingness to connect and create!



# Community Engagement Programs

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## Wild Tongues:

### *A Panel Discussion on Race and Disability in Older LGBTQ Community*

Wild Tongues was a big hit, once again! Thanks to Midgett, Patti Ann, Morningstar, and Luis for sharing their perspectives on race and disability giving us a deeper understanding of where our people are today and the importance of moving forwards, as Martin Luther King Jr. said, "on this long arc that bends towards justice."

## We are committed to our Openhouse Community Members

As Openhouse grows in size and strengthens in connections, we continue to work to create a community where we can feel seen, heard, and connected. To this end, we are revitalizing our Community Agreements as one way to do this, you will begin seeing agreements in all of our activities and groups. We are excited to be in this process with you.

## Volunteer with Openhouse! Every little bit helps!

Are you available to volunteer at Openhouse? We have multiple needs for volunteers including for our Rainbow Lunches, Trans Elder Lunch, Sister Circle, Men's Drop-In Social, front desk reception, and more! Give a little time and make a big impact. Volunteers can help behind the scenes, out in the community and here at Openhouse. Let us know your availability and interests – we look forward to having you join our team! Please contact Sylvia at 415.659.8123 or [sylvia@openhouse-sf.org](mailto:sylvia@openhouse-sf.org) for more details.

## Volunteer Informational Happy Hour and Mixer

Interested in volunteering at Openhouse but want more information? Or already a volunteer and looking to meet and share stories with other Openhouse volunteers? Join us for a free informational happy hour and mixer where you can learn more about Openhouse volunteer opportunities such as the Friendly Visitor program and also meet LGBTQ seniors and volunteers already involved in the Friendly Visitor Program who will share their stories and lived experiences. Snacks and drinks will be provided.

## Upcoming Dates for Informational Happy Hour Mixer:

Wednesday, November 14th, 5:30 – 7PM

Location: 55 Laguna Community Room, *RSVP required*

Planning to attend? Please RSVP to Sylvia Vargas at 415.659.8123 or [sylvia@openhouse-sf.org](mailto:sylvia@openhouse-sf.org)