

Openhouse Forms New Partnership to Support Our Community

While there are many services and supports available to help keep seniors in their homes, very few of our elders access the critical services they need to live and thrive in our community. For years, Openhouse has listened to community members share their fears about what it would be like to leave their homes and move into a nursing home. We have worried about how to keep our community safe, living openly, and thriving in the city and community they helped to create.



Research tells us that LGBTQ seniors face discrimination and mistreatment in long-term care facilities. 80% of our community report that they would go back in the closet if they had to enter a long-term care institution. According to "Stories from the Field: LGBTQ Older Adults in Long-Term Care Facilities," published in 2011 by the National Senior Citizens Law Center,—which included LGBTQ seniors, their families, their friends, and service providers—78% felt it would be unsafe for an LGBTQ senior to be "out" in a care facility; 89% believed that staff would discriminate against an LGBTQ elder who was out of the closet; 81% believed that other residents would discriminate against an LGBTQ elder; and 53% believed that staff would abuse or neglect an LGBTQ elder. This double-bind of being forced to choose between being "out" or receiving services is untenable. After years of thinking about this unmet need, Openhouse has found the right partner to help us come up with a solution.

Openhouse is thrilled to partner with On Lok to create a way to ensure our community can age with dignity and support. Since 1971, On Lok has been supporting older adults to age in the community for as long as possible to avoid institutionalized care. We believe that their expertise combined with Openhouse's leadership in delivering programs and advocating for LGBTQ seniors can create a much-needed solution—a program that is designed with the LGBTQ community, for the LGBTQ community. This new program will be one of the many Openhouse offerings at our new community center at 75 Laguna Street.

Over the coming months, we will look to community members to help share about their experiences and ideas about service delivery and to shape this program to ensure it meets the needs of our community. We look forward to working in partnership with On Lok and the LGBTQ community as Openhouse aims to transform aging services in San Francisco.

Save the Date for Fall Feast

Thursday, November 8th

Another wonderful opportunity to come together as community for a bountiful Fall Feast at the beautiful San Francisco War Memorial's Green Room.

More details to follow in the October newsletter!



Volunteer with Openhouse!

Are you available to volunteer at Openhouse? We have multiple needs for volunteers including for our Rainbow Lunches, Trans Elder Lunch, Sister Circle, Men's Drop-In Social, front desk reception, and more! Give a little time and make a big impact. Volunteers can help behind the scenes, out in the community and here at Openhouse. Let us know your availability and interests – we look forward to having you join our team!

Volunteer Informational Happy Hour and Mixer

Need more information? Or already a volunteer and looking to meet and share stories with other Openhouse volunteers? Join us for a free informational happy hour and mixer where you can learn more about Openhouse volunteer opportunities such as the Friendly Visitor program and meet LGBTQ seniors and volunteers already involved in the Friendly Visitor Program who will share their stories and lived experiences.

Snacks and drinks will be provided.

Upcoming Dates for Informational Happy Hour Mixers

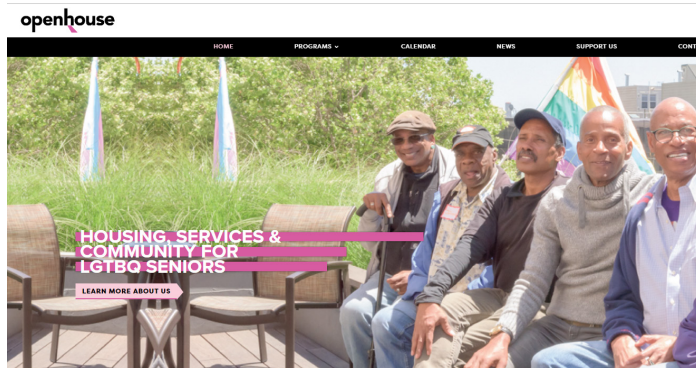
55 Laguna Community Room

Wed: Sept 19, 2018 – 5:30pm- 7:00pm

Wed: Oct 17, 2018- 5:30pm to 7:00pm

Wed: Nov 14, 2018- 5:30pm to 7:00pm

Planning to attend? Please RSVP to Sylvia Vargas at 415.659.8123 or sylvia@openhouse-sf.org



NEW WEBSITE COMING SOON!

We would love to invite community feedback on our new website. Please contact Rachael Tsukayama at 415.259.4140 or rachael@openhouse-sf.org to register interest.

Feedback sessions will be held in late September / early October.

Women's Afternoon at the Movies

We warmly welcome all women-identified LGBTQ community members to join us every 3rd Friday of the month to socialize and watch movies. Light snacks and refreshments will be served.

WHERE: Openhouse, Bob Ross LGBT Senior Center, 65 Laguna St.

WHEN: Every 3rd Friday from 1-3:45PM

Upcoming Films

**To Wong Foo, Thanks for Everything, Julie Newmar*– 9/21/18

**Boys on The Side*– 10/19/18



Support and Wellness Programs

Questions about any programs listed here? Need to RSVP?

Contact Ariel, OH Program Coordinator, at 415.503.4180 or email ariel@openhouse-sf.org.

Join the Openhouse community for an End-of-Life Planning Series

We know there are many reasons why end-of-life planning can be difficult. Dealing with death—whether through planning or just contemplating our own—can bring up complicated feelings. Through a series of workshops and conversations, we hope to make the process a little more manageable by answering some of the practical questions and exploring some of the existential questions. In September, join us for an overview of the various documents involved in end-of-life planning. In October, we'll take a more in-depth look at the Advanced Health Care Directive in the 2-part It's About How You L.I.V.E workshop. In November, we'll look specifically at estate planning and end of life care options. And join us monthly for Conversations on Death and Dying, every 2nd Friday, to delve a little deeper into our thoughts and feelings about our own eventual death.

End-of-Life Planning Workshop

Wednesday, September 26th, 11:00-1:00PM, Bob Ross LGBT Senior Center at 65 Laguna St.

Everyone can benefit from end-of-life planning. In this two-hour workshop presentation with attorneys from the Aids Legal Referral Panel (ALRP), you will learn the basics of end-of-life planning including will preparation, Advanced Healthcare Directives, and Powers of Attorney. Presenting attorneys will provide an overview of the items needed to create end-of-life planning documents, a review of the decisions that an individual needs to make in order to complete the documents, and an opportunity to conduct intakes and begin the process of drafting documents. For attendees who are prepared and bring identification (drivers' license, ID or passport), attorneys will also be available to draft and notarize these documents. This training will help to simplify the process of end-of-life planning and provide much-needed peace of mind.

To RSVP or for more information, contact Ariel Mellinger 415.503.4180 or ariel@openhouse-sf.org

It's About How You L.I.V.E: Advanced Health Care Directive Workshop

Tuesdays, October 9th and 23rd, 1:30-3:30, Bob Ross LGBT Senior Center at 65 Laguna St.

Registration required and you must be able to attend both parts of the workshop

Join Redwing Keyssar, RN and Gwen Harris, MA of Seniors at Home for this unique, Two-Part Advanced Health Care Directive Workshop for the LGBTQ Senior Community, focusing on what matters most to you.

LEARN about being an advocate for yourself and others; learn about options for advance directives
IMPLEMENT a meaningful, personalized plan

VOICE the plan to those who need to understand your feelings and wishes

ENGAGE others to live fully, knowing that the greatest gift we give our loved ones is to have our wishes discussed and assured.

In Session 1, you'll get a basic overview of Healthcare advocacy, an understanding of the different kinds of documents for Advanced Directives, and the opportunity to explore various issues in end of life care—including the importance of self-care. In Session 2, you will get guidance in creating, completing, and/or finalizing an Advanced Health Care Directive. At the Completion of the two-part workshop, you will leave with a notarized advanced directive.

Support and Wellness Programs

Questions about any programs listed here? Contact Ariel, OH Program Coordinator, 415.503.4180 or email: ariel@openhouse-sf.org

Clearing House: Drop-in Clutter Support Group

Openhouse and the Mental Health Association of San Francisco welcome you to a support group for all LGBTQ community members age 55+ who "struggle with stuff."



The group is a non-judgmental, confidential, and supportive space where you can share your struggles and strategies with other LGBTQ folks.

Every 1st & 3rd Wednesdays 12:30-2PM
@65 Laguna St., Bob Ross LGBT Senior Center

Fifty+ and Fabulous!

Trans Drop-In Group and Dinner

Trans Thrive and Openhouse join forces to offer a trans drop-in group, "Fifty+ and Fabulous!" This facilitated group welcomes all transgender folks in their golden years.

Group is free and food is served!

Join us every 2nd and 4th
Tuesday of the month from 6-7:30PM
@ 730 Polk Street, 4th Floor

For more info please email:
transthive@apiwellness.org
or 415.292.3420 ext 348.



LGBTQ Group for Those who Care for Someone with Dementia

in partnership with the Alzheimer's Association

Next meeting:

September 26th from 6-7:30PM
Bob Ross LGBT Senior Center
65 Laguna St.

Please contact ariel@openhouse-sf.org or (415) 503-4180

We welcome diverse LGBTQ caregivers to this monthly, free drop-in support group. You may care for a partner, friend, neighbor, or family member routinely or from time to time, in your home or community, or even to someone you love over the phone or online. "Dementia" is an umbrella term and includes a vast range of symptoms and more than 100 conditions that impair memory, behavior and thinking. Caring for someone with dementia, whether mild or severe, is important work and inspires many questions about how to deal with what is.

We welcome you to join the conversation.



Strength

African American Lesbians- Help Us Design Programs for You

Openhouse will be conducting a focus group with African American lesbians to discuss our current and future programming. This group will be held in September, date TBD. If you are interested in participating please call Jana at 628.208.0792. This confidential phone line takes messages. Thank you.

Support and Wellness Programs

Conversations on Death and Dying

Facilitated by Mark Thoma, LCSW and Ariel Mellinger, ASW.

2nd Fridays, September 14th, 11:30 – 1PM, Bob Ross LGBT Senior Center at 65 Laguna St.

Join Openhouse for a monthly drop-in discussion about the many aspects of death and dying. While this is not a grief support group, this conversation invites community members to participate in an open-hearted discussion where we can openly share thoughts and feelings about our own eventual death in a meaningful, dynamic space free from judgement. Join us at our new time: 2nd Friday of every month. No need to RSVP!

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Living with Loss: Drop-In Grief Group

1st and 3rd Fridays, beginning September 7th, 1 – 2:30PM, 55 Laguna St.

Openhouse and VITAS Healthcare are pleased to bring back this drop-in grief support group for LGBTQ older adults who have experienced loss and are looking for support in a safe, welcoming environment. There is no cost for this group and no on-going commitment to attend. The group is co-facilitated by Dale Poland and Jane Litman.

No need to RSVP, but please arrive on time to ensure entrance to the building.

For questions, contact Dale Poland at (408) 964-6866 or dale.poland@vitas.com

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Housing

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Are you LGBTQ and currently experiencing homelessness?

Do you want to join our community at 95 Laguna?

On Monday, September 10th we will hold assessments for the Continuum of Care list through the Department of Homelessness and Supportive Housing. This list is for adults (18+) who are currently experiencing homelessness in the city of San Francisco. There will be 15 units in 95 Laguna for folks from this list that have a priority status. Priority status is assigned to adults experiencing homelessness based on health vulnerability, housing barriers, and frequency of homelessness. Attending this event does not guarantee you a unit. There will be opportunities to sign up for this list at other "Access Points," but this will be the only day specifically for our LGBTQ community and the only time you will be able to sign up at Openhouse. Interviews will be held on a first-come first-served basis. Drop-in hours are from 9am-4:30pm on Monday, September 10th at Bob Ross LGBT Senior Center at 65 Laguna St. Join us to be interviewed in an LGBTQ-friendly and supportive environment.

Please reach out to Jessi with questions about the Continuum of Care Adult Coordinated Entry list or this event at (415) 231-5870 or jessi@openhouse-sf.org.

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Attend an upcoming Housing Workshop! September dates:

September 14th at 11AM & September 25th at 11AM

All workshops are held at Openhouse Bob Ross LGBT Senior Center at 65 Laguna Street.

At the end of the housing workshop, you can sign up to meet 1:1 with Jessi, our Manager of Housing and Resources Navigation about specific questions regarding your housing search.

To register, contact Theresa Mullen at (415) 685-0886 or theresa@openhouse-sf.org

Community Engagement Programs

4th Friday Health and Wellness

"Harm Reduction: An Introduction"

Friday, September 28th, 3 - 4:30 pm, 55 Laguna St. Community Room

Curious about Harm Reduction? Join us for a free workshop to learn the basic principles of harm reduction and how you can apply them to making changes in your own life.

Presenter: Anthony Appedu is excited to be interning with the Openhouse Support and Wellness team this fall. He has a certificate in Substance Abuse Counseling with a special interest in Harm Reduction. He also holds a certificate in Diversity & Social Justice and is working to gain certification in Community Mental Health through City College of San Francisco. He is committed to furthering his own work in supporting others in bettering their lives and is looking forward to meeting the Openhouse community.

Contact Ariel on 415.503.4180 or email ariel@openhouse-sf.org for more info.

Gay Films: From Self-Doubt to Celebration

1st and 3rd Wednesdays, beginning September 19th, 12:30-3:30PM at 55 Laguna St.

Join us on a journey through the changing landscape of gay films, noting the progression from a cinema of self-doubt and loathing to one of self-acceptance and celebration. Led by Ralph Beren, Ed. D., a long time film buff, stand up-up comic and former head of SFSU's Teacher Training Program, we will begin with the iconic "Boy in the Band" (1970) and end with the British-made, "Weekend" (2017). Each of the eight films presented offers a different perspective on society's view of the gay and lesbian community.

Sept. 19... Boys in the Band (1970)

October 3 ...The Children's Hour (1961)

October 17... Maurice (1973)

The remaining films of the series will be shown on the 1st and 3rd Wednesdays through December, with a special showing of "Longtime Companion" (1990) on October 31st.

Registration required: contact Armando Paone at 415.728.0194 or armando@openhouse-sf.org

Introductory French

Mondays, Oct. 8th- Nov. 19th, 4-5:30PM @ Bob Ross LGBT Senior Center at 65 Laguna St.

John Frediani, our French Instructor "par excellence", is back for a return engagement of his critically acclaimed course on Introductory French. John brings to his classes a consummate command of the language as well as an intimate knowledge of French culture and history. He has been associated with Openhouse's Education Program for over two years and his courses are among the most requested by our community members. Join us for this seven-week course! Register with Armando Paone at 415.728.0194 or armando@openhouse-sf.org.

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3 OFFICE CLOSED Men's Group 2-3:30PM @501 Castro St.	4 Nature Walk 10AM-3PM @BR 65 Laguna St. *REG req'd X315	5 Clearing House: Cluttering Support 12:30-2PM @BR 65 Laguna St. Info on pg. 4	6	7 Living with Loss: Drop-in Grief Support 1-2:30PM @ OHC 55 Laguna St. Yiddish, 4-5:30PM@ BR 65 Laguna St. Yoga 11AM-12PM @OHC 55 Laguna St. Reg. Rqd	1st and 8th same but no Art on 8/1 Games 10AM-1PM @BR 65 Laguna Art Group 1:15-4PM @BR 65 Laguna 8/8 only Queer Elders Writing Workshop 12:30-3:30PM
9	10 Men's Group 2-3:30PM@501 Castro St Continuum of Care Interviews 9AM - 4:30PM X310 for info LGBTQ Chat-1-2PM Info on pg.9	11 Gay Gray Writers 4-5:30PM @BR 65 Laguna St. Trans 50+ & Fabulous Drop-In, 6-7:30PM @Trans Thrive	12 Rainbow Lunch 12-1:30PM @OHC 55 Laguna St. RSVP reqd. X303	13 Intermediate Italian 4-5:30PM @ OHC 55 Laguna *Reg req'd Men's Drop-In Social Hour 1:30-3PM @OHC 55 Laguna St.	14 NEW TIME! Conversation on Death and Dying 11:30AM-1PM OHC 55 Laguna X315 for info Housing Workshop 11AM @ BR 65 Laguna RSVP reqd. X310 Visit Muttville w/ Openhouse! 2PM Info on pg.10 Yiddish, 4-5:30PM@ BR 65 Laguna St. Yoga 11AM-12PM @OHC 55 Laguna St. Reg. Rqd	15 Games 10AM-1PM @BR 65 Laguna Art Group 1:15-4PM @BR 65 Laguna Queer Elders Writing Workshop 12:30-3:30PM @ PAWS (address on foot of page)
16 Poetry Reading: Muses by David Hathwell 2PM @ OHC 55 Laguna RSVP req'd	17 Men's Group 2-3:30PM @501 Castro St.	18 Trans Elder Lunch 12-1:30PM @OHC 55 Laguna St.	19 Clearing House: Cluttering Support 12:30-2PM @BR 65 Laguna St. Info on pg. 4 Gay Films Class 12:30-3:30PM @ OHC 55 Laguna. *Reg req'd Volunteer Informational Happy Hour: 5:30-7PM	20 Intermediate Italian 4-5:30PM @ OHC 55 Laguna *Reg req'd	21 Living with Loss: Drop-in Grief Support @ 1-2:30PM @ OHC 55 Laguna Women's Afternoon at the Movies, 1-3:45PM @BR 65 Laguna Yiddish, 4-5:30PM@ BR 65 Laguna St. Yoga 11AM-12PM @OHC 55 Laguna St. Reg. Rqd	22 Games 10AM-1PM @BR 65 Laguna Art Group 1:15-4PM @BR 65 Laguna Special Event: <i>Queerly Written Reading Event</i> @ 12:30-3:30PM @ PAWS (address on foot of page)
23	24 Men's Group 2-3:30PM @501 Castro St. LGBTQ Chat-1-2PM Info on pg.9 New Session: Self-Compassion Group 4:30 - 6PM, *Reg req'd	25 Gay Gray Writers 4-5:30PM @BR 65 Laguna St. Housing Workshop 11AM @ BR 65 Laguna RSVP reqd. X310 Sister Circle, 12-1:30PM @ OHC Opera Group @ 1-4PM @OHC 55 Laguna St. Trans 50+ & Fabulous Drop-In, 6-7:30PM @Trans Thrive	26 End of Life Planning Workshop 11AM-1PM BR 65 Laguna St. X315 for info RSVP reqd. LGBTQ Caregivers of those with Dementia Support Group 6-7:30PM @ BR 65 Laguna St. Rainbow Lunch 12-1:30PM @OHC 55 Laguna St. RSVP reqd. X303	27 Intermediate Italian 4-5:30PM @ OHC 55 Laguna *Reg req'd Men's Drop-In Social Hour 1:30-3PM @OHC 55 Laguna St.	28 New Community Members "Welcome to Openhouse!" Programs Mingle 1:30-2:30PM @BR 65 Laguna St. 4th Friday Health and Wellness: Harm Reduction @ 55 Laguna Community Room 3-4:30PM Yoga 11AM-12PM @OHC 55 Laguna St. Reg. Rqd	29 Games 10AM-1PM @BR 65 Laguna Art Group 1:15-4PM @BR 65 Laguna Friendly Visitor Volunteer Discussion Group 10-11:15AM @OHC 55 Laguna Friendly Visitor Volunteer Training 1:30-4:30PM @OHC 55 Laguna
30	1 OCT Men's Group 2-3:30PM @501 Castro St. Embracing Sexuality As We Age 11:30-1PM *Reg req'd Self-Compassion Group X315 for Info	2	3 Clearing House: Cluttering Support 12:30-2PM @BR 65 Laguna St. Info on pg. 4 Gay Films Class 12:30-3:30PM @ OHC 55 Laguna. *Regreq'd	4 Spirituality & Aging 2:30-3:45PM *Reg req'd. New Session Grief Group 4-5:30PM *Reg req'd	5 Yoga 11AM-12PM @OHC 55 Laguna St. Reg. Rqd. Living with Loss: Drop-in Grief Support, 1-2:30PM @ OHC 55 Laguna St. Yiddish, 4-5:30PM@ BR 65 Laguna St.	6 Games 10AM-1PM @BR 65 Laguna Art Group 1:15-4PM @BR 65 Laguna

LOCATIONS: Openhouse (BR): Bob Ross LGBT Senior Center, 65 Laguna St. 415.296.8995 | Openhouse Community (OHC): 55 Laguna St.

Community Engagement Programs

Trans Elder Lunch



Openhouse honors transgender elders in our community! If you identify as a trans older person, we hope you'll join us for a new monthly lunch for trans elders at Openhouse!

Tuesday, September 18th

12-1:30PM at 65 Laguna St.

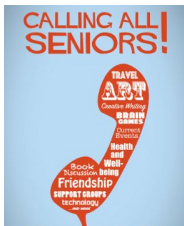
Please RSVP to Sylvia Vargas at 415.659.8123 or email sylvia@openhouse-sf.org.

Rainbow Lunch *a community gathering*

Please join us for a unique opportunity to be with community to socialize, laugh, feel supported, and make new friends in a safe and welcoming space. Due to the wonderful popularity of the lunch, please RSVP no later than 10AM the Monday before the luncheon. RSVP required. We ask folks to please arrive no earlier than 11:45PM and no later than 12:30PM to ensure folks can be escorted up to the 2nd Floor Community Room at 55 Laguna St. RSVP required. Contact Sylvia for more details at 415.659.8123 or email sylvia@openhouse-sf.org.

LGBTQ Chat Group

in collaboration with Well Connected (formerly Senior Center Without Walls)



This telephone-based group is held the 2nd and 4th Mondays of the month.

Community members can participate via phone or computer from the comfort of their own home. The chat is open to all

LGBTQ seniors interested in connecting and building community over the phone. We create an inclusive and supportive space to share our stories and perspectives!

The group is facilitated by Sylvia Vargas, Openhouse Manager of Community Engagement.

For more information or to register, please call Senior Center Without Walls, toll-free at 877.797.7299.

Sister Circle

a lunch discussion group

Many of us are still here living in the city! Let's get together to grow friendships and make new connections.

We warmly welcome all women-identified LGBTQ community members to join us for a monthly luncheon.



Tuesday, September 25th

12-1:30PM @ 55 Laguna St. Community Room

RSVP required. Contact Sylvia for more details at 415.659.8123 or email sylvia@openhouse-sf.org.

Men's Drop-In Social Hour

2nd and 4th Thursdays, 1:30-3PM
55 Laguna Community Room



This group welcomes all male-identified community members for coffee, snacks and informal socializing.

Join us! For questions or more info, contact Sylvia on 415.659.8123 or email sylvia@openhouse-sf.org.

LGBTQ Online Caregiver Discussion Group

Openhouse and Family Caregiver Alliance offer this Online Discussion Group as a place for LGBTQ caregivers of older adults with chronic health concerns to discuss the unique issues of caring for a partner, family member, friend, or loved one. This is a national online group. Caregivers with basic computer access (emails) are welcomed and encouraged to participate in this supportive space!

For more info contact Sylvia Vargas at 415.659.8123 or email sylvia@openhouse-sf.org.

Community Engagement Programs

Would You Like a Visitor?

No matter our situation, we all need connection and community.



If you'd like someone to connect with, our Friendly Visitor program affirms that LGBTQ elders have lifetimes of experience, perspective and know-how. Friendly Visitor volunteers are honored to get to know you. We screen, train

and support all volunteers who spend time with community members for: home visits, walks in the park, outings to the museum, shopping, coffee and tea meet-ups, or just to chat and have some laughs.

To learn more about the program, please contact Sylvia 415.659.8123 or email sylvia@openhouse-sf.org.

MUTTVILLE senior dog rescue

Friday, September 14th
2PM @ 255 Alabama
(near Harrison & 16th)

Muttville's mission is to change the way the world treats older dogs and to create better lives for them through rescue, foster, and adoption.



Muttville is every 2nd Friday of the month and we invite you to join us. You'll hang out with a handful of sweet dogs in a cozy living-room like setting. You can also elect to walk with the dogs.

Please RSVP by calling 415.503.4180 or emailing ariel@openhouse-sf.org

New to Openhouse? We would love to hear your perspective!

Openhouse has an exciting opportunity to learn from you, our community! We've received funding to expand a few of our programs and evaluate their impact through a historic Community Participatory Research Project. We are seeking input from participants experiencing Openhouse programs for the first time, so that we can measure if they make a difference in the lives of LGBTQ seniors. More specifically, the focus of our research project is to look at impacts related to participation in Openhouse Lunches, Support Groups, and Friendly Visitor visits.



We are seeking community members age 55+ who have attended 5 or FEWER Openhouse activities in the past 2 years. If eligible, participants will be offered an incentive to enroll in the study and to complete several surveys in the next 18 months. Participation is completely voluntary. If you are unsure of how many activities you have attended, let us know. *Your voice matters!*

For questions about how to enroll in the study or about CRDP, please contact Ariel at 415.503.4180.

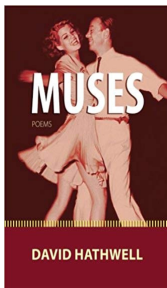
Poetry Reading: Muses by David Hathwell

Sunday, September 16th, 2PM, Community Room, 55 Laguna Street. Refreshments will be served.

David Hathwell will read a handful of poems from "Muses, his debut collection published in 2016 to acclaim from Edmund White and others.

He will frame the poems with informal commentary on how poems work (and how poets work).

David will also read briefly from his second collection, "Between Dog and Wolf". To reserve a seat, please contact Armando Paone at 415.728.0194 or by email: armando@openhouse-sf.org.



Spirituality and Aging
Thursdays, beginning October 4th, 2:30–3:45PM,
at Bob Ross LGBT Senior Center at 65 Laguna St.

Can we embrace both our sexuality and gender expression as well as religion and spirituality?

Spirituality and religion in the LGBTQ+ community have not always had a smooth relationship. However, we know that spiritual and religious practices can play a large role in some LGBTQ+ older adults' lives and identities, contributing to both well-being and quality of life, and especially as we look for ways to find a deeper meaning in life as we age. This group will aim to provide a safe space for members to process and discuss our varied experiences of, and journeys through, spirituality as LGBTQ+ older adults.

This group is facilitated by José Buenrostro, M.S. and Maggie Furey, MSW and requires an interview prior to enrollment.

For more info and to set up an interview, contact José Buenrostro at 415.231.5871 or jbuenrostro@openhouse-sf.org

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Embracing Sexuality as We Age

Mondays, beginning Oct 1st, 11:30-1PM at Bob Ross LGBT Senior Center at 65 Laguna St.

This group creates a dynamic space to talk about how we can understand, accept, and embody our sexuality as we age. We will explore the many aspects of sex and sexuality--and how they relate to other parts of our lives--while also supporting and learning from one another. We uphold the idea that all bodies are desirable and worthy of sex (when, and if, you want it!). We welcome all Openhouse community members and women-identified folks are especially encouraged to participate.

This group is facilitated by Ariel Mellinger, ASW and José Buenrostro, M.S.. It is free and requires an interview with one of the facilitators prior to enrollment.

For more info and to set up an interview, contact Ariel at 415.503.4180 or ariel@openhouse-sf.org.

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Queerly Written: *Memory, Life, and Aging*

Saturday, September 22nd, 12:30-3:30PM, PAWS (3170 23rd St).

This location is wheelchair accessible.

Join us for a public reading from the Queer Elders Writing Workshop (QEWW), an Openhouse program in partnership with PAWS-the Shanti Project. QEWW is a weekly writing workshop led by Openhouse community members. The writers are excited to share their works with you!